

Loch Lomond

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Betty McNeill (UK)

Musique: Loch Lomond - The Borderers

INTRO

64 count intro, slightly flowing

- 1-8 Sway right over 2 counts - sway left over 2 counts -step right foot behind left foot - step left foot to left side, step right foot in front of left foot and pause for 1 count - facing left diagonal
- 9-16 Step left foot behind -step right foot to right side- step left foot in front of right foot and pause 1 count- facing right diagonal, right sailor step turning $\frac{1}{2}$ left-step right foot behind left foot - making $\frac{1}{4}$ turn left step left foot to left side making $\frac{1}{4}$ turn left, step right foot to right side
- 17-32 Repeat 1st 16 counts starting with sways to left and reverse all - ending with a left sailor step turning $\frac{1}{2}$ right - to end facing front wall
- 33-40 Step forward right foot - kick left foot forward- take two steps back left & right, step forward left foot - kick right foot forward-take two steps back right & left
- 41-48 Step right foot over left foot - step left foot to left side- step right foot behind left foot - step left foot to left side, step right foot over left foot and pause for 1 count - take two step back to face front on left & right
- 49-56 Repeat weave to right side - ending with 2 step back right & left
- 57-64 Sway right and left 3 times altogether until heavy beats kicks in(facing front wall)

THE MAIN DANCE

TOUCHES WITH HOOK/ SLIDES AND HITCH

- 1-8 Touch right foot to right side- touch right foot to left foot-touch right heel diagonally forward-hook right foot in front, step forward right-left-right and hitch left foot
- 9-16 Repeat above 8 counts commencing with left foot

SYNCOPATED HEEL STRUTS/ROCKS/WEAVE WITH $\frac{1}{4}$ TURN RIGHT

- &17-24 Quickly step on right foot- step forward on left heel then slap toe down- rock forward on right foot, then back onto left foot - making $\frac{1}{4}$ turn right step right foot to right side - step left foot over right foot - step right foot to right side - step left foot behind right foot

SYNCOPATED HEEL STRUT/ $\frac{1}{2}$ PIVOT LEFT/STEP AND HITCH MAKING FULL TURN LEFT

- &25-28 Quickly step onto right foot - step forward on left heel and slap toe down- step forward right foot then $\frac{1}{2}$ pivot left
- 29-32 Step forward right foot and hitch left leg making $\frac{1}{2}$ turn left- step forward left foot and hitch right leg making $\frac{1}{2}$ turn left

SYNCOPATED ROCKS AND STEPS/ CROSSING HEEL JACKS

- &33-34 Quickly step onto right foot - rock forward onto left foot and back onto right foot
- &36-37 Quickly step onto left foot - rock forward onto right foot and back onto left foot
- &37-38 Quickly step back onto right foot- step left foot to left side - step right foot behind left foot
- &39&40 Quickly step onto left foot - cross right foot over left foot- step back onto left foot and touch right heel forward

CROSSING HEEL JACKS/PAUSE STEP STOMP/ SYNCOPATED STEP AND $\frac{1}{2}$ PIVOT LEFT/STEP, HITCH TURN $\frac{1}{2}$ LEFT

- &41&42 Quickly step onto right foot then left foot crossing over right foot - quickly step back onto right foot and touch left heel diagonally forward
- 43&44 Hold 1 count then quickly step onto left foot - stomp right foot
- &45-46 Quickly step onto left foot then right foot and pivot $\frac{1}{2}$ left
- 47-48 Step forward on right foot hitching left foot making $\frac{1}{2}$ turn left

49-52 Step left foot to left side, step right foot to left foot, step forward, hitch right foot
53-56 Step right foot to right side, step left foot to right foot, step back, hitch left foot
57-58 Step back onto left foot swinging right foot behind left foot
59-60 Step back onto right foot swinging left foot behind right foot
61-64 Step back onto left foot, step right foot to left foot, step forward onto left foot, stomp right foot next to left foot

REPEAT

ENDING

On final wall (6th repetition) you will be facing back wall. After 2 leg swings take two steps back left & right. Step forward on left foot. $\frac{1}{2}$ pivot on right foot. Stomp left foot to right foot throwing arms in the air.
