

# Loaded

Compte: 52

Mur: 4

Niveau: Intermediate

Chorégraphe: Brenda Nuttall (UK)

Musique: Get the Truck Loaded - Rednex



## STOMP KICK SAILOR STEPS (TWICE)

- 1-2 Stomp right foot next to left and kick forward at 45 o angle
- 3&4 Step right behind left, step weight left, step right to side
- 5-6 Stomp left foot next to right and kick forward at 45 o angle
- 7&8 Step left behind right, step weight right, step left to side

## SIDE SHUFFLE FULL TURN (TWICE)

- 9&10 Step right foot to side, bring left next to it and step right to side
- 11-12 Cross left over right and unwind a full turn right
- 13&14 Step right foot to side, bring left next to it and step right to side
- 15-16 Cross left over right and unwind a full turn right

## SIDE SHUFFLE WITH ¼ TURN RIGHT, TWIST TURN

- 17&18 Step right foot to side, bring left next to right, step right ¼ turn right
- 19-20 Twist heels ¼ right and then ½ left

## LOCK STEP BACK (RIGHT & LEFT)

- 21&22 Step back right, lock left in front of right, step back right
- 23&24 Step back left, lock right in front of left, step back left

## ROCK AND CROSS (X3), ¼ TURN RONDE

- 25&26 Rock weight out to right and cross right in front of left
- 27&28 Rock weight out to left and cross left in front of right
- 29&30 Rock weight out to right and cross right in front of left
- 31-32 Sweep right leg and ¼ turn left touch right next to left, (keep weight on left)

## RIGHT SHUFFLE FORWARD, STOMP KICK, LEFT LOCKS BACK

- 33&34 Shuffle forward right, left, right
- 35-36 Stomp left next to right and kick forward
- 37&38 Step back on left, lock right in front of left
- &39&40& Step back on left, lock right in front of left, step back on left, lock right in front of left, touch right next to left

## ROLLING VINE RIGHT, TOUCH, SYNCOPATED WEAVE LEFT

- 41-44 Full-turn right stepping on right, left, right, touch left next to right
- &45&46&47&48 Step left to side, cross right in front, step left to side, step right behind, step left to side

## 1 ¼ WALKING TURN RIGHT

- 49-52 Step right ¼ turn right, step left ¼ turn right, step right ½ turn right, step left ¼ turn right

## REPEAT

## RESTART

On wall 3 leave out steps 49-52