

# The Living Years

Compte: 64

Mur: 2

Niveau: Intermediate



Chorégraphe: John Dowling (UK)

Musique: The Living Years - Mike + The Mechanics

**Start 16 beats after the background beat starts (just before vocals)**

## **WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN LEFT**

- 1-2 Walk forward stepping right, left
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Rock forward on left, recover weight back onto right
- 7&8 Turning ¼ turn left, step left to side, slide right next to left, step left to left side

## **SWAYS, SAILOR STEP, STEP ½ TURN, SHUFFLE ½ TURN**

- 1-2 Sway hips right, left
- 3&4 Cross right behind left, step left to left side, step right in place
- 5-6 Step forward on left, pivot ½ turn right
- 7&8 Make a ½ turn right stepping left, right, left (ends facing the 9:00 wall)

## **ROCK RECOVER, CHASSE ¼ TURN LEFT, CROSS BEHIND, ½ UNWIND, CROSSING SHUFFLE**

- 1-2 Rock back on right, recover weight forward onto left
- 3&4 Turning ¼ turn left, step right to side, slide left next to right, step right to right side
- 5-6 Touch left toe behind right, unwind ½ turn left
- 7&8 Step right across left, step left to side, cross right over left

## **ROCK RECOVER, CROSSING SHUFFLE, ROCK RECOVER, COASTER STEP**

- 1-2 Stepping left to left side rock weight onto left, recover onto right
- 3&4 Step left across right, step right to side, cross left over right
- 5-6 Stepping right to right side rock weight onto right, recover onto left
- 7&8 Step back on right, step left next to right, step right slightly forward

## **WALK, WALK, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN RIGHT**

- 1-2 Walk forward stepping left, right
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Rock forward on right, recover weight onto left
- 7&8 Turning ¼ turn right, step right to side, slide left next to right, step right to right side

## **TRAVELING FULL TURN, CROSSING SHUFFLE, ROCK RECOVER, COASTER STEP**

- 1-2 Make ½ turn right stepping left to side, make ½ turn right stepping right to side
- 3&4 Step left across right, step right to side, cross left over right
- 5-6 Stepping right to right side rock weight onto right, recover onto left
- 7&8 Step back on right, step left next to right, step right slightly forward

## **STEP ½ TURN, SHUFFLE ½ TURN, ROCKING CHAIR**

- 1-2 Step forward on left, pivot ½ turn right
- 3&4 Make a ½ turn right stepping left, right, left
- 5-6 Stepping back rock weight onto right, recover onto left
- 7-8 Stepping forward rock weight onto right, recover onto left

## **COASTER CROSS, ROCK RECOVER, WEAVE, ROCK ¼ TURN TOUCH**

- 1&2 Step back on right, step left next to right, step right across left
- 3-4 Stepping left to left side rock weight onto left, recover onto right

5&6

Step left behind right, step right to right side, step left across right

7&8

Rock right to right side, recover weight onto left making  $\frac{1}{4}$  turn right, touch right next to left

**REPEAT**

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