

# Living On The Fast Lane

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Lisa Ferguson (UK)

**Musique:** Life In the Fast Lane - Eagles



## **STEP, BEHIND & HEEL, STEP, DRAG, SAILOR ½ TURN RIGHT**

- 1-2 Step right to right side, cross left behind right  
&3 Step on to ball of right foot, touch left heel to left diagonal  
4 Step on to left foot  
5-6 Drag right foot to left, keeping the weight on the left foot  
7&8 Step right behind left as if ready to turn, step onto ball of left turning ½ right and step forward on right

## **STEP, KICK, TOUCH, KICK, POINT, ¼ TURN RIGHT, BODY ROLL**

- 9-10 Step left beside right, kick right forward  
11-12 Touch right toe beside left foot, kick right forward  
13-14 Point right toe ¼ to right, turn body ¼ turn right  
15-16 Roll your body over two counts

## **SHUFFLE, TOUCH, KICK, RIGHT & LEFT**

- 17&18 Step forward right, step left beside right, step forward right  
19-20 Touch left beside right, kick left to left diagonal  
21&22 Step forward left, step right beside left, step forward left  
23-24 Touch right beside left, kick right to right diagonal

## **RIGHT & LEFT SWITCHES, HITCH RIGHT, POINT RIGHT, ROCK, SHUFFLE ½ TURN RIGHT**

- 25&26 Point right toe to right side, step right beside left, point left toe to left side  
&27&28 Step left beside right, point right toe to right, hitch right knee, point right toe to right side  
29-30 Rock forward on right, rock back on left  
31&32 Turn ½ over right shoulder stepping right, left, right

## **TOE STRUTS X 4**

- 33-34 Step forward on left toe, dropping left heel  
35-36 Step forward on right toe, dropping right heel  
37-38 Step forward on left toe, dropping left heel  
39-40 Step forward on right toe, dropping right heel

## **MAMBO ¼ TURN LEFT, KICK BALL CHANGE ¼ TURN LEFT TWICE, CROSS RIGHT, STEP BACK**

- 41&42 Rock forward on left, rock back on right, step left ¼ to left  
43&44 Kick right forward, step right beside left, step left ¼ to left  
45&46 Kick right forward, step right beside left, step left ¼ to left  
47-48 Cross right over left, step back on left

## **STEP BACK RIGHT, STEP FORWARD LEFT, RIGHT SHUFFLE, FULL TURN RIGHT, LEFT SHUFFLE**

- 49-50 Step back on right, step forward left  
51&52 Step forward right, step left beside right, step forward right  
53-54 Step forward left, turning ½ right, step back right, turning ½ over right shoulder  
55&56 Step forward left, step right beside left, step forward right

## **HEEL JACK & CROSS, RIGHT & LEFT, STEP ¼ PIVOT LEFT, STOMP RIGHT & LEFT**

- &57 Step back on right, touch left heel forward

&58 Step back on left, cross right over left  
&59 Step back on left, touch right heel forward  
&60 Step back on right, cross left over right  
61-62 Step forward right, pivot  $\frac{1}{4}$  turn left, keeping weight on left  
63-64 Stomp right, stomp left

**REPEAT**

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