

Livin' It Up

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Cathy McDaniel (USA)

Musique: What a Life - David Foster



SIDE RIGHT MAMBO, SIDE LEFT MAMBO, STEP ½ LEFT WITH KICK, COASTER STEP

- 1&2 Step right to right side, shift weight to left, step right next to left
- 3&4 Step left to left side, shift weight to right, step left next to right
- 5 Step right forward making a ½ turn left, weight remaining on right
- 6 Kick left foot forward
- 7&8 Step left foot back, step right beside left, step left foot forward

SIDE RIGHT MAMBO, SIDE LEFT MAMBO, STEP ½ LEFT WITH KICK, COASTER STEP

- 1&2 Step right to right side, shift weight to left, step right next to left
- 3&4 Step left to left side, shift weight to right, step left next to right
- 5 Step right forward making a ½ turn left, weight remaining on right
- 6 Kick left foot forward
- 7&8 Step left foot back, step right beside left, step left foot forward

SIDE SHUFFLE, SHUFFLE ¼ TURN LEFT, TWO KICK BALL CHANGE

- 1&2 Step right to right side, step left next to right, step right to right side
- 3&4 Step ¼ turn left, step right next to left, step left to left side
- 5&6 Right kick forward, step right next to left on ball of foot, left step in place
- 7&8 Right kick forward, step right next to left on ball of foot, left step in place

WEAVE RIGHT WITH HEEL BOUNCES WITH ATTITUDE

- 1-2 Step right to right side, step left behind right
- 3-4-5 Step right to right side, step left cross right, step right to right side
- 6-7-8 Bounce left heel in place for counts 6-8

WEAVE LEFT WITH HEEL BOUNCES WITH ATTITUDE

- 1-2 Step left to left side, step right behind left
- 3-4-5 Step left to left side, step right behind left, step left to left side
- 6-7-8 Bounce right heel in place for counts 6-8

TWO FORWARD SHUFFLES, 1.4 TURN LEFT, STEP TOGETHER

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Step right forward, pivot ¼ left, shifting weights to left
- 7-8 Step right next to left, step left next to right

REPEAT
