

# Live It Up

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Alan Haywood (UK)

Musique: Live It Up Tonight - Enrique Iglesias

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## STOMP, KICK, BEHIND AND ACROSS. ROCK, RECOVER, BEHIND, ¼ RIGHT, STEP FORWARD

- 1-2 Stomp right foot slightly forward of left, kick right diagonally right forward
- 3&4 Step right behind left, left to left side, step right across left
- 5-6 Rock left to left side, recover weight onto right
- 7&8 Step left behind right, step right ¼ right, step left forward

## 2 X HEEL BALL CROSS, HEEL GRIND ¼ RIGHT, COASTER STEP

- 1&2 Touch right heel forward, step right in place, cross step left over right
- 3&4 Touch right heel forward, step right in place, cross step left over right
- 5-6 Touch right heel forward, grind heel ¼ turn right, step back on left
- 7&8 Step back right, step left next to right, step right forward

## SIDE SHUFFLE, BEHIND UNWIND ½ RIGHT, FORWARD SHUFFLE, ROCK, RECOVER

- 1&2 Step left to left side, close right next to left, step left to left side
- 3-4 Touch right toe behind left, unwind ½ a turn right
- 5&6 Step left forward, close right next to left, step left forward
- 7-8 Rock forward onto right, recover weight onto left

## BEHIND AND ACROSS, SIDE ROCK AND CROSS, ¼ RIGHT SHUFFLE, TRIPLE FULL TURN RIGHT

- 1&2 Step right behind, left to left side, step right over left
- 3&4 Rock left to left side, step right next to left, cross step left over right
- 5&6 Step right ¼ right, close left next to right, step right forward
- 7&8 ½ turn right, stepping left back, ½ turn right, stepping right forward, step left forward

**Option - left forward shuffle**

**REPEAT**

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