

Live For Today

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Doug Miranda (USA) & Jackie Miranda (USA)

Musique: If Tomorrow Never Comes - Ronan Keating

CROSS ROCK, RECOVER, ½ TURN RIGHT SWEEP TRIPLE STEP, ROCK FORWARD, RECOVER, STEP LOCK BACK

- 1-2 Cross rock right over left, recover on left
- 3&4 Sweep right into a ½ turn right as you triple step right, left, right
- 5-6 Rock forward on left, recover on right
- 7&8 Step back on left, cross right over left, step back on left

TOUCH RIGHT BEHIND, UNWIND ½ TURN RIGHT, STEP LOCK FORWARD, CROSS ROCK AND CROSS ROCK

- 1-2 Touch right behind left, unwind ½ turn right with weight ending on right
- 3&4 Step forward on left, lock right behind left, step forward on left
- 5-6 Cross rock right over left, recover on left
- &7-8 Step right next to left, cross rock left over right, recover on right

1 ¼ TURN LEFT, CROSS, SIDE, BEHIND; SIDE SWAYS, BEHIND, SIDE, CROSS

- 1&2 Turn ¼ turn left stepping left to left side, turn ½ turn left stepping right to right side, turn ½ turn left stepping left to left side, slightly dragging right
- 3&4 As you continue to drag right, cross right over left, step left to left side, step right behind left
- 5-6 Sway to left side, sway to right side with weight ending on right
- 7&8 Slightly drag left behind right, step right to right side, cross left over right

LONG STEP TO RIGHT, ¼ LEFT WITH CROSS TOUCH, STEP LOCK FORWARD; STEP FORWARD, ½ TURN LEFT WITH CROSS TOUCH; ¾ TURN LEFT TRIPLE STEP

- 1-2 Take a long step to right side on right, slide left towards right and cross touch left over right as you turn ¼ left (weight is still on right)
- 3&4 Step forward on left, lock right behind left, step forward on left
- 5-6 Step forward on right, turn ½ turn left on the ball of right as you slide and cross touch left over right

Weight is still on right

- 7&8 Step forward on left, turn ¼ left turn as you step right to right side, turn ½ turn left as you step left to left side

REPEAT
