

# Life's A Beach

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Graham Gee (UK)

**Musique:** Some Beach - Blake Shelton



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## **TOE HEEL STEP ON LEFT AND RIGHT, SIDE, BEHIND, CHASSE LEFT**

- 1&2 Left toe to right instep, left heel to right instep, step left in place  
3&4 Right toe to left instep, right heel to left instep, step right in place  
5-6 Step left to side, right behind  
7&8 Step left to side, close right to left, step left to side

## **TOE HEEL STEP ON RIGHT AND LEFT, SIDE BEHIND, SHUFFLE RIGHT TURNING ¼ RIGHT**

- 1&2 Right toe to left instep, right heel to left instep, step right in place  
3&4 Left toe to right instep, left heel to right instep, step left in place  
5-6 Right to side, left behind  
7&8 Step right ¼ right, close left to right, step right forward

## **SWEEP CROSS, BACK AND LEFT LOCK BACK, ROCK, ROCK, ¾ TURN LEFT**

- 1-2 Sweep left round and cross over right, step back right  
3&4 Step back left, lock right over left, step back left  
5-6 Rock back on right, rock forward left  
7&8 Step forward right, pivot ½ turn on left, ¼ turn left step right to side

## **ROCK AND RECOVER, ¼ TURNING SAILOR STEP, KICK BALL STEP, BALL STEP, STEP FORWARD**

- 1-2 Rock to side on left, recover on right  
3&4 Step left behind right, step on right turning ¼ right, step left forward  
5&6 Kick right forward, step right ball of foot beside left, step left ball of foot in place  
&7-8 Step right ball of foot beside left, step left in place, step right forward

**REPEAT**

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