

Life's A Beach

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Graham Gee (UK)

Musique: Some Beach - Blake Shelton



TOE HEEL STEP ON LEFT AND RIGHT, SIDE, BEHIND, CHASSE LEFT

- 1&2 Left toe to right instep, left heel to right instep, step left in place
- 3&4 Right toe to left instep, right heel to left instep, step right in place
- 5-6 Step left to side, right behind
- 7&8 Step left to side, close right to left, step left to side

TOE HEEL STEP ON RIGHT AND LEFT, SIDE BEHIND, SHUFFLE RIGHT TURNING ¼ RIGHT

- 1&2 Right toe to left instep, right heel to left instep, step right in place
- 3&4 Left toe to right instep, left heel to right instep, step left in place
- 5-6 Right to side, left behind
- 7&8 Step right ¼ right, close left to right, step right forward

SWEEP CROSS, BACK AND LEFT LOCK BACK, ROCK, ROCK, ¾ TURN LEFT

- 1-2 Sweep left round and cross over right, step back right
- 3&4 Step back left, lock right over left, step back left
- 5-6 Rock back on right, rock forward left
- 7&8 Step forward right, pivot ½ turn on left, ¼ turn left step right to side

ROCK AND RECOVER, ¼ TURNING SAILOR STEP, KICK BALL STEP, BALL STEP, STEP FORWARD

- 1-2 Rock to side on left, recover on right
- 3&4 Step left behind right, step on right turning ¼ right, step left forward
- 5&6 Kick right forward, step right ball of foot beside left, step left ball of foot in place
- &7-8 Step right ball of foot beside left, step left in place, step right forward

REPEAT
