

# Life Goes On

**COPPERKNOB**  
STEPSHEETS

**Compte:** 64

**Mur:** 1

**Niveau:** Improver line/contra dance



**Chorégraphe:** Tiffany Armstrong (AUS)

**Musique:** Life Goes On - LeAnn Rimes

## **ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA**

- 1-2 Right forward and rock, rock onto left
- 3&4 ½ turn right while stepping onto right, left, right
- 5-6 Left forward and rock, rock onto right
- 7&8 ¾ turn left while stepping onto left, right, left

## **WEAVE, SIDE ROCK, RECOVER, SHUFFLE**

- 1-2 Right to right, left behind right
- 3-4 Right to right, left over right
- 5-6 Right to right and rock, rock onto left
- 7&8 Shuffle forward (right, left, right)

## **WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA**

- 1-2 Left to left, right behind left
- 3-4 Left to left, right over left
- 5-6 Left to left and rock, rock onto right
- 7&8 ½ turn left while stepping onto left, right, left

## **MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA**

- 1&2 Right over left, step onto left, right to right
- 3&4 Left behind right, step onto right, left to left
- 5-6 Right over left and rock, rock onto left
- 7&8 ¼ turn right while stepping right, left, right

## **ROCK FORWARD, RECOVER, ½ TURN CHA, ROCK FORWARD, RECOVER, ¾ TURN CHA**

- 1-2 Left forward and rock, rock onto right
- 3&4 ½ turn left while stepping onto left, right, left
- 5-6 Right forward and rock, rock onto left
- 7&8 ¾ turn right while stepping onto right, left, right

## **WEAVE, SIDE ROCK, RECOVER, SHUFFLE**

- 1-2 Left to left, right behind left
- 3-4 Left to left, right over left
- 5-6 Left to left and rock, rock onto right
- 7&8 Shuffle forward (left, right, left)

## **WEAVE, SIDE ROCK, RECOVER, ½ TURN CHA**

- 1-2 Right to right, left behind right
- 3-4 Right to right, left over right
- 5-6 Right to right and rock, rock onto left
- 7&8 ½ turn right while stepping onto right, left, right

## **MAMBO CROSS FRONT AND BEHIND, CROSS ROCK, RECOVER, ¼ TURN CHA**

- 1&2 Left over right, step onto right, left to left
- 3&4 Right behind left, step onto left, right to right
- 5-6 Left over right and rock, rock onto right

7&8

¼ turn left while stepping left, right, left

**REPEAT**

**For extra fun, dance in contra lines.**

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