

# L.I.E. (Long Island Express)

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver



**Chorégraphe:** Basem Elfaham (USA)

**Musique:** I'm Still Standing - Elton John

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## **STEP, KICK, STEP, TOUCH. REPEAT**

- 1-4 Step right forward, left kick forward, step left back, right toe touch back  
5-8 Repeat 1-4

## **RIGHT STEP RIGHT, LEFT STEP ¼ LEFT, RIGHT STEP FORWARD, HOLD, LEFT DIAGONAL CHASSE' ENDING WITH A STOMP**

- 9-12 Step right foot right, step left foot in place, pivoting on left turn ¼ circle left and step right foot forward, hold  
13-16 Left step left diagonal forward, right step next to left, left step left diagonal forward, right stomp next to left

## **RIGHT TOE FAN TWICE, LEFT TOE FAN TWICE**

- 17-20 Move right toes right, back together, repeat (19-20)

**Optional: corresponding right hand movements in hitch-hike position**

- 21-24 Move left toes left, back together, repeat (23-24)

**Optional: corresponding left hand movements in hitchhike position**

## **HEEL SPREAD TWICE, FEET TWISTS RIGHT, LEFT, RIGHT, LEFT**

- 25-28 Split heels by pushing them apart, bring heels back together, repeat (27-28)

**Optional: corresponding elbows splits**

- 29-32 With feet together and weight on their balls move both heels right, left, right, left

**With corresponding hands-up sways, shimmying, or do your own thing**

**REPEAT**

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