

# Let's Get Loud

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Leonie Smallwood (AUS)

Musique: Let's Get Loud - Jennifer Lopez



## SIDE BALL CHANGES, KICK KICK & TAP

- &1-2 Step right to right side, step left in place, step right forward
- &3-4 Step left to left side, step right in place, step left forward
- &5-6 Step right to right side, step left in place, kick right forward
- 7-8 Kick right to right side, tap right toe back

## SCUFF OUT-OUT, TWIST TURN & ROLL, KICK BALL CHANGE

- 1&2 Scuff right forward (beside left) step right to right side, step left to left side
- 3-4 Twisting on balls of feet - turn  $\frac{1}{4}$  turn right, turn  $\frac{1}{2}$  turn left
- No need to turn body full  $\frac{1}{4}$  turn right, do turn body completely  $\frac{1}{2}$  turn left**
- 5-6 Body roll up (substitute own funky step here)
- 7&8 Kick right forward, step ball of right back slightly, step left in place

## HIP ROCKS, HIP ROLL

- 1-2 Step right to right forward diagonal & push hip out, rock back onto left
- 3-4 Step right to right back diagonal & push hip out, rock forward onto left
- 5-8 Step right to right side & circle hips slowly to the right finish weight on left

## SCUFF OUT-OUT, TWIST TURN & ROLL, KICK BALL CHANGE

- 1&2 Scuff right forward (beside left) step right to right side, step left to left side
- 3-4 Twisting on balls of feet -turn  $\frac{1}{4}$  turn right, turn  $\frac{1}{2}$  turn left
- No need to turn body full  $\frac{1}{4}$  turn right, do turn body completely  $\frac{1}{2}$  turn left**
- 5-6 Body roll up (substitute own funky step here)
- 7&8 Kick right forward, step ball of right back slightly, step left in place

## STEP DRAG, DOUBLE CLAP, HIPS

- 1-2-3&4 Big step right to right forward diagonal, drag left towards right double clap (&4)
- 5-6-7-8 Step left to left side bump hips left-right-left-right

## STEP DRAG, DOUBLE CLAP, HIPS (OR SAME AGAIN OTHER FOOT)

- 1-2-3&4 Big step left to left forward diagonal, drag right towards left, double clap (&4)
- 5-6-7-8 Step right to right side bump hips right-left-right-left

## ROCK TURNING SHUFFLES BACK, ROCK

- 1-2 Step/rock right forward, rock back onto left
- 3&4 Turn  $\frac{1}{2}$  turn on left to shuffle forward right-left-right
- 5&6 Turn  $\frac{1}{2}$  turn right on right to shuffle back left-right-left
- 7-8 Step/rock right back, rock forward onto left

## Swing hips on rocks

## BODY POPS

- 1&2 Step right forward (weight on both feet) as you stick your bottom & your chest out by arching your back simultaneously
- & Un-pop & bend your knees
- 2 Re-pop & bend your knees
- & Un-pop & straighten knees
- 3 Re-pop

& Un-pop & bend your knees  
4 Re-pop with your knees bent  
& Un-pop & transfer weight to right  
5 Step left forward as you pop  
&6 Repeat &2  
7&8 Repeat 3&4  
& Un-pop & transfer weight to left  
If in doubt bump hips 4 x right, 4 x left (or make up your own groovy move)

**REPEAT**

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