

Lazy River

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Lois Bichler (USA)

Musique: Up a Lazy River - Leon Redbone



FORWARD, LOCK, FORWARD, SCUFF- RIGHT THEN LEFT

- 1-4 Step forward on right, lock left behind right, forward again on right, scuff left
5-8 Step forward on left, lock right behind left, forward again on left, scuff right

WALK BACK, HOLD, BACK, HOLD, WALK BACK FOUR STEPS

- 1-4 Walk back right, hold, walk back left, hold
5-8 Walk back four small steps- right, left, right, left

HEEL JACKS TWICE

- 1&2& Cross right in front, step back on left, right heel forward, step back on right
3&4& Cross left in front, step back on right, left heel forward, step back on left
5&6&7&8& Repeat 1&2&3&4&

SLOW (4 COUNT) ½ TURN TO LEFT, SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step forward on right, hold, turn ½ to left, hold (transfer weight to left)
5-8 Step right to right, touch left next to right, step left to left, touch right next to left

REPEAT

TAG

Added after completing the second and fourth repetitions of the dance. You will be facing front both times. You can also add these 8 counts very slowly at the end of the song

PADDLE TURNS

- 1-2 Step forward on right, turn ¼ to left (transfer weight to left)
3-8 Repeat 1-2 three times to end facing front and start dance again
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