

Lady Marmalade

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Virginia Tsui (CAN)

Musique: Lady Marmalade - Christina Aguilera, Pink, Mya And Lil' Kim



SIDE LEFT, BEHIND, SIDE, CROSS, SIDE LEFT TOUCH, CLOSE

- 1 Step left foot to left side
2&3 Step right foot behind left foot, step left foot to left side, step right foot cross over left foot
4& Touch left toe to left side, step left foot next to right foot.

½ MONTEREY, SIDE LEFT TOUCH, CLOSE, TOUCH

- 5-6 Touch right toe to right side, pivot ½ right turn stepping right foot next to left foot
7&8 Touch left toe to left side, step left foot next to right foot, touch right toe in place

STEP SIDE RIGHT, CLAP LEFT HEEL, STEP SIDE LEFT, CLAP RIGHT HEEL

- 9-10 Step right foot to right side, right hand clap left heel (bend left leg cross behind right leg, bringing up left heel toward right)
11-12 Step left foot to left side, left hand clap right heel (bend right leg cross behind left leg, bringing up right heel toward left)

Option: touch right toe to right side, left hand clap right heel, touch right toe to right side, left hand clap right heel

¼ RIGHT TURN, ½ RIGHT TURN, STEP BACK, HOLD

- 13 Make a turn ¼ right turn stepping right foot forward
14 Step left foot forward & a turn ½ right turn
15 Step right foot back
16 Hold

CLOSE, RIGHT TOE TOUCH FORWARD, DROP HEEL, LEFT TOE TOUCH FORWARD, DROP HEEL

- & Step left foot next to right foot
17-18 Touch right toe forward, drop right heel down on the floor
19-20 Touch left toe forward, drop left heel down on the floor

STEP FORWARD, ½ LEFT TURN, CLOSE, CLAP HAND TWICE

- 21-23 Step right foot forward, make a turn ½ left turn stepping left foot forward, step right foot next to left foot
&24 Clap hand, clap hand

SIDE TOUCH, TOGETHER TOUCH TWICE, HEEL TOUCH FORWARD, STEP TOGETHER, SIDE TOUCH

- 25& Touch left toe to left side, step left foot next to right foot
26& Touch left toe to left side, step left foot next to right foot
27&28 Touch right heel forward, step right foot next to left foot, touch left toe to left side

CROSS, UNWIND TURN ½ RIGHT, SWIVEL HEELS

- 29-30 Step left foot cross over right foot, make a turn ½ right turn stepping right foot beside left foot
31-32 Swivel both heels out, swivel both heels in

REPEAT