

Ladies Man

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Stephen Sunter (UK)

Musique: Ladies Man - Liberty Free



Count all of the listed songs at half speed ("cut time")

POINT RIGHT TOE FORWARD, SIDE, SLAP HEEL, POINT RIGHT TO SIDE, STEP RIGHT IN PLACE

- 1-2 Point right toe forward, point right toe to right side
- 3& Lift right behind left and slap right heel with left hand, point right toe to right side
- 4 Step right next to left

POINT LEFT TOE FORWARD, SIDE, SLAP HEEL, POINT LEFT TO SIDE, STEP LEFT IN PLACE

- 5-6 Point left toe forward, point left toe to left side
- 7& Lift left behind right and slap left heel with right hand, point left toe to left side
- 8 Step left next to right

STEP ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, RIGHT COASTER STEP

- 9-10 Step right making a ¼ turn, pivot ½ turn right on ball of right foot stepping weight onto left
- 11&12 Step back on right, step left next to right, step forward on right

LEFT SHUFFLE, ROCK FORWARD & BACK, COASTER STEP, ½ PIVOT RIGHT

- 13&14 Shuffle forward left, right, left
- 15-16 Rock forward on right, replace weight to left
- 17&18 Step back on right, step left next to right, step forward on right
- 19-20 Step forward left, pivot ½ turn right

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

- 21&22 Step forward left and bump hips left, right, left
- 23&24 Step forward right and bump hips right, left, right
- 25&26 Step forward left and bump hips left, right, left
- 27&28 Step forward right and bump hips right, left, right

ROCK FORWARD & BACK, CHA-CHA ½ TURN LEFT

- 29-30 Rock forward on left, replace weight to right
- 31&32 Make ½ turn left stepping left, right, left

REPEAT
