

# La Rueda

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Susan Bangonkale (SG)

Musique: La Rueda - Frankie Ruiz

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## MAMBO RIGHT, LEFT AND BACK, ½ PIVOT RIGHT TURN & ROLL

- 1&2 Rock right on right, rock back onto left, step back on right
- 3&4 Rock left on left, rock back onto right, step back on left
- 5&6 Rock back on right, rock forward onto left, step forward on right
- 7-8& Step left forward ½ pivot turn ending with right toe pointing next to left, hip roll

## RIGHT KICK, BODY ROLL, TOE TOUCHES, SAILOR STEPS

- 1&2 Right kick forward, step back right, left
- 3&4 Body roll
- 5&6 Touch right out to right, recover and left out to left
- 7&8 Step left behind right, recover and step left slightly forward

## FULL TURN, ROCK ¼ RIGHT ¼ LEFT, ¼ RIGHT SAILOR

- 1-2 Step right forward and full right turn
- 3&4 Rock right ¼ to the right, rock left ¼ to the left, recover on the right
- 5&6 Rock left ¼ to the left, rock right ¼ to the right, recover on the left
- 7&8& Rock right behind left with ¼ right turn, recover on the left, step right slightly forward

### Switch weight to the left

## ROCK ¼ TWICE, BACK MAMBO, PIVOT ½ TURN, HITCH

- 1-2 Rock right ¼ to the right, recover on left
- 3-4 Repeat 1-2
- 5&6 Rock back on right, rock forward onto left, step forward on right
- 7-8 Step left forward ½ turn on the ball, hitch on the right with body leaning slightly back

## REPEAT

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