

# La Cumbia

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Raymond Sarlemijn (NL)

Musique: La Cumbia - Sailor



## MAMBO RIGHT, MAMBO LEFT, CROSS AND POINT, CROSS AND POINT

- 1 Right foot to right
- & Weight change to left foot
- 2 Right foot next to left foot
- 3 Left foot to left
- & Weight change to right foot
- 4 Left foot next to right foot
- 5 Cross right foot over left foot
- & Left foot step out to left
- 6 Point right foot forward
- & Right foot next to left foot
- 7 Cross left foot over right foot
- & Right foot step out to right
- 8 Point left foot forward

## BUCHACADAS, 4/4 TURN RIGHT CROSS SHUFFLE

- & Left foot next to right foot
- 1 Right foot point forward with bended leg (almost like pressure step but keep weight on left foot)
- & Right foot step backwards
- 2 Point left foot front (like count 1)
- & Left foot step backwards
- 3 Point right foot forward (like count 1 and 2)
- & Right foot step backwards
- 4 Point left foot forward
- & Change weight to left foot
- 5 Right foot cross over left foot and turn  $\frac{1}{4}$  over right
- & Left foot next to right foot
- 6 Right foot cross over left foot and turn  $\frac{1}{4}$  over right
- & Left foot next to right foot
- 7 Right foot cross over left foot and turn  $\frac{1}{4}$  over right
- & Left foot next to right foot
- 8 Right foot cross over left foot and turn  $\frac{1}{4}$  over right

## TURN $\frac{3}{4}$ RIGHT, MAMBO STEP, MAMBO STEP, SAMBA BASIC

- 1 Turn  $\frac{1}{2}$  over left step on place on left foot
- & Right foot next to left foot
- 2 Turn  $\frac{1}{4}$  over left and left foot step forward
- 3 Right foot step forward
- & Recover on left foot
- 4 Right foot next to left foot
- 5 Left foot step backwards
- & Recover on right foot
- 6 Left foot next to right foot
- 7 Right foot step to right
- & Left foot crossed backwards right foot (5 position extended)

8 Right foot step on place

**SAMBA BASIC, STEP TOGETHER, STEP TOGETHER, KICK ROCK STEP**

1 Left foot step to left

& Right foot crossed backwards left foot (5 position extended)

2 Left foot step on place

3 Right foot step to right

4 Left foot next to right foot

5 Right foot step to right

6 Left foot next to right foot

7 Kick right foot forward

& Right foot step backwards, while doing this look backwards

8 Recover weight on left foot

**Option: on counts 3-6, shake your hips or upper body or make meringue steps**

**REPEAT**

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