

# The L Bay Strut (Let's Be 'aving You)

**COPPER** **KNOB**  
BY STEPHEN

Compte: 64

Mur: 0

Niveau:

Chorégraphe: Alan Finch & Thelma Finch

Musique: When the Devil Wants to Wrestle - David Ball



**Position: Sweetheart (Side by side), both on same feet, weight on right feet**

**This dance is dedicated to Geoff, our friend and class bouncer, who passed away recently**

## **LEFT HEEL TOUCH FORWARD, TOGETHER, SIDE, TOGETHER**

1-4 Touch left heel forward, touch left toe next to right, touch left toe out to left, touch left toe next to right

## **LEFT, RIGHT, LEFT HEEL STRUTS**

5-10 Left heel strut, right heel strut, left heel strut

## **RIGHT HEEL TOUCH FORWARD, TOGETHER, SIDE, TOGETHER**

11-14 Touch right heel forward, touch right toe next to left, touch right toe out to right, touch right toe next to left

## **RIGHT, LEFT, RIGHT HEEL STRUTS**

15-20 Right heel strut, left heel strut, right heel strut

## **LEFT STEP FORWARD, SLIDE, STEP, HITCH RIGHT HALF TURN**

21-24 Left step forward, slide right up to left, step forward left, hitch right turning ½ turn left to face RLOD

**Releasing right hand and passing left arms over mans head, taking up right hands in front in VW hold**

## **RIGHT STEP FORWARD, SLIDE, STEP, HITCH LEFT ½ TURN**

25-28 Right step forward, slide left up to right, step forward right, hitch left turning ½ turn left to face LOD

**Passing left arms over ladies head back into Sweetheart Hold**

## **LEFT FORWARD MAMBO STEP**

29-32 Rock forward on left, in place on right, step left next to right, hold

## **RIGHT BACK MAMBO STEP**

33-36 Rock back on right, in place on left, step right next to left, hold

## **LEFT, RIGHT, LEFT HEEL STRUTS**

37-42 Left heel strut, right heel strut, left heel strut

## **RIGHT FORWARD MAMBO STEP**

43-46 Rock forward on right, in place on left, step right next to left, hold

## **LEFT BACK MAMBO STEP**

47-50 Rock back on left, in place on right, step left next to right, hold

## **RIGHT, LEFT, RIGHT HEEL STRUTS**

51-56 Right heel strut, left heel strut, right heel strut

## **LEFT STEP LOCK STEP HOLD AND RIGHT STEP LOCK STEP HOLD**

57-60 Left step forward, slide and lock right behind left, left step forward, hold

61-64 Right step forward, slide and lock left behind left, right step forward, hold

REPEAT

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