Kool Shuffle

Compte: 32

Niveau: Improver

Chorégraphe: Levi J. Hubbard (USA)

Musique: Joanna - Kool & The Gang

FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (RIGHT), STEP FORWARD, ½ PIVOT TURN (RIGHT), 1/4 SHUFFLE TURN (RIGHT)

- Right step (rock) forward, while slightly lifting left foot off floor 1
- 2 Left - lower foot back to floor (recover)
- 3&4 Shuffle ¹/₂ turn right, stepping (right-left-right)
- 5 Left - step forward
- 6 On (balls of) both feet, pivot 1/2 turn right
- 7&8 Shuffle ¼ turn right, stepping (left-right-left)

BACK ROCK-RECOVER, SIDE STEP, CROSS BEHIND, SIDE SHUFFLE (RIGHT), BACK ROCK-RECOVER

- 9 Right - cross step (rock) behind left foot, while slightly lifting left foot off floor
- 10 Left - lower foot back to floor (recover)
- 11 Right - step to side
- 12 Left - cross step behind right foot
- 13&14 Shuffle right, stepping (right-left-right)
- Left cross step (rock) behind right foot, while slightly lifting right foot off floor 15
- 16 Right - lower foot back to floor (recover)

1/4 SHUFFLE TURN (LEFT), STEP FORWARD, 1/2 PIVOT TURN (LEFT), SHUFFLE FORWARD, STEP FORWARD, ½ PIVOT TURN (RIGHT)

- 17&18 Shuffle 1/4 turn left, stepping (left-right-left)
- 19 Right - step forward
- On (balls of) both feet, pivot 1/2 turn left 20
- 21&22 Shuffle forward stepping (right-left-right)
- 23 Left - step forward
- 24 On (balls of) both feet, pivot 1/2 turn right

1/4 SHUFFLE TURN (RIGHT), CROSS TOUCH BEHIND, UNWIND 3/4 TURN (RIGHT), FORWARD ROCK-RECOVER, ½ SHUFFLE TURN (LEFT)

- 25&26 Shuffle ¼ turn right, stepping (left-right-left)
- 27 Right - cross touch toe behind left heel
- 28 Slightly bend knees while you unwind ³/₄ turn right by pivoting on (balls of) both feet
- 29 Left - step (rock) forward, while slightly lifting right foot off floor
- 30 Right - lower foot back to floor (recover)
- 31&32 Shuffle ¹/₂ turn left, stepping (left-right-left)

REPEAT





Mur: 2