

Kimber's Twist

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Gloria Johnson (USA)

Musique: Good Girls Love Bad Boys - Kimber Clayton



KIMBER'S TWIST (REMEMBER CHUBBY CHECKER'S "TWIST"?)

- 1-4 Bending your knees, twist your body down
- 5-8 Straightening your knees, twist your body up

TOE POINTS

- 9 Touch right heel in front
- 10 Touch right toe out to right side
- 11 Touch right toe behind
- 12 Stomp right foot next to left
- 13 Touch left heel in front
- 14 Touch left toe out to left side
- 15 Touch left toe behind
- 16 Stomp left foot next to right

CHARLESTON STEPS

- 17 Step forward on right foot
- 18 Kick left foot forward
- 19 Step back on left foot
- 20 Touch right toe behind
- 21 Step forward on right foot
- 22 Kick left foot forward
- 23 Step back on left foot
- 24 Stomp right foot next to left

JUMPING JACKS WITH TURN

- 25 Jump up landing with feet about 18 inches apart
- 26 Jump up landing with right foot crossed in front of left
- 27 Unwind body, turning ½ turn to the left

JUMPING JACKS

- 28 Jump up landing with right foot at 1:00 o'clock and left foot at 7:00 o'clock
- 29 Jump up landing with feet together
- 30 Jump up landing with right foot at 5:00 o'clock and left foot at 11:00 o'clock
- 31 Jump up landing with feet together
- 32 Jump forward on both feet landing with lots of "gusto" (in other words "make some noise")

REPEAT

On steps 29, 31, and 32, the more energetic dancers may want to "slam stomp" both feet when they land.
