# Keeping You Forever

Niveau: Intermediate

Chorégraphe: Michelle Holt (UK)

Musique: Forever and for Always - Shania Twain

**Mur:** 1

#### PART A - FACING 12:00

Compte: 0

#### ROCK FORWARD AND BACK, ROCK AND ACROSS, LEFT SIDE, CLOSE LEFT QUARTER TURN CHASSE

- 1&2& Rock forward on right, replace weight on left, rock back on right, replace weight on left
- 3&4 Rock right to the right side, replace weight on left, cross right in front of left
- 5-6 Step left to the left side, step right next to left
- 7&8 Step left to left side, step right next to left, step left to left side turning a 1/4 turn left

#### STEP FORWARD ½ TURN PIVOT, ½ TURN TRIPLE STEP, STEP BACK, LOCK, BACK LOCK BACK

- 9-10 Step forward right, 1/2 pivot turn left
- 11&12 Triple step making 1/2 turn over left shoulder, stepping right, left, right
- 13-14 Step back left, lock right across in front of left
- 15&16 Step back left, lock right across in front of left, step back left

# ROCK BACK, ROCK AND ACROSS, LEFT SIDE CLOSE, LEFT CHASSE

- 17-18 Rock back on right, replace weight on left
- 19&20 Rock right to the right side, replace weight on left, cross right in front of left
- 21-22 Step left to the left side, step right next to left
- 23&24 Step left to left side, step right next to left, step left to left side

# **RIGHT SAILOR STEP, LEFT SAILOR STEP WITH 1/4 TURN LEFT**

- 25&26 Step right behind left, step left to left side, step right in place
- 27&28 Step left behind right, turn 1/4 left as you step right in place, step left in place

#### PART B - FACING 6:00

SWAY HIPS RIGHT, LEFT, WEAVE STEP, SWAY HIPS LEFT RIGHT, WEAVE STEP WITH 1/4 TURN RIGHT

- 1-2 Sway hips to right then left
- 3&4 Step right behind left, step left to left side, step right across left
- Step left to left side as you sway hips to left then right 5-6
- 7&8 Step left behind right, step right to right side, step left forward as you 1/4 turn right

# KICK BALL CHANGE, ½ TURN PIVOT, ½ TURN TRIPLE STEP, COASTER BACK

- 9&10 Kick right forward, step right beside left, step left forward
- 11-12 Step right forward 1/2 turn pivot left
- 13&14 Triple step making 1/2 turn over left shoulder, stepping right, left, right
- 15&16 Step back on left, step right beside, step forward on left

#### RIGHT SHUFFLE FORWARD, ¾ TURN RIGHT AND CROSS, ROCK AND ACROSS, ½ TURN ACROSS

- 17&18 Right shuffle forward stepping right, left, right
- 19&20 Step forward left as you begin to make a <sup>3</sup>/<sub>4</sub> turn right, step right to right side, cross left over right (facing 6:00)
- Rock right to right side, replace weight on left, cross right over left 21&22
- Step left to left side as you begin a 1/2 turn right, step right to right side, cross left over right 23&24 (facing 12:00)

#### SIDE ROCK, CROSS SHUFFLE, ¼ TURN KICK, BACK LOCK STEP





- 25-26 Rock right to right side, replace weight on left
- 27&28 Cross shuffle(stepping right, left right, traveling to the left)
- 29-30 Step left to left side as you ¼ turn right, kick right leg forward
- 31&32 Step back right, lock left across right, step back right

#### ROCK BACK AND FORWARD, FORWARD SHUFFLE, ROCK FORWARD AND BACK, BACK SHUFFLE

- 33&34 Rock back onto left, replace weight on right, step forward onto left
- 35&36 Right shuffle forward stepping right, left, right
- 37&38 Rock forward onto left, replace weight on right, step back onto left
- 39&40 Right shuffle back stepping right, left, right

#### EXTENDED WEAVE STEP, ROCK RIGHT, JAZZ BOX ¼ TURN

- 41&42 Step left behind right, step right to right side, step left across in front of right
- &43&44 Step right to right side, step left behind right, step right to right side, step left across in front of right

#### You will be stepping as follows: behind, side, in front, side, behind, side, in front

- 45-46 Rock right to right side, replace weight onto left
- 47&48 Cross right over left, step back left as you ¼ turn right, step right in place

# TWINKLE STEPS TWICE, ROCK FORWARD, ½ TURN TRIPLE STEP

- 49&50 Step left across in front of right, step right to right side, step left to left side
- 51&52 Step right across in front of left, step left to left side, step right to right side
- 53-54 Rock forward onto left, replace weight back onto right
- 55&56 Triple step making ½ turn over left shoulder, stepping left, right, left

# SKATE RIGHT, SKATE LEFT, RIGHT DIAGONAL SHUFFLE FORWARD, SKATE LEFT, SKATE RIGHT, LEFT DIAGONAL SHUFFLE FORWARD

- 57-58 Skate forward on right, skate forward on left
- 59&60 Right shuffle forward towards right diagonal stepping right, left, right
- 61-62 Skate forward on left, skate forward on right
- 63&64 Left shuffle forward towards left diagonal stepping left, right, left

# JAZZ BOX, CROSS, TOUCH

- 65-66 Step right across in front of left, step left back
- &67-68 Step right back (&) step left across in front of right, touch right beside left

# TAG

# At the end of the 2nd time through the dance, dance until count 64 and then dance the tag before the jazz box step touch

# TWINKLE STEPS, ROCK FORWARD, ½ TURN TRIPLE STEP TWICE

- 1&2 Step right across in front of left, step left to left side, step right to right side
- 3&4 Step left across in front of right, step right to right side, step left to left side
- 5-6 Rock forward onto right, replace weight back onto left
- 7&8 Triple step making <sup>1</sup>/<sub>2</sub> turn over right shoulder, stepping right, left, right
- 9&10 Step left across in front of right, step right to right side, step left to left side
- 11&12 Step right across in front of left, step left to left side, step right to right side
- 13-14 Rock forward onto left, replace weight back onto right
- 15&16 Triple step making ½ turn over left shoulder, stepping left, right, left

#### Dance tag in between counts 64 & 65 on 2nd time of dancing

On 4th time of dancing dance Part A and then Part A again up to count 20 which will finish with the music.