

Kansas City Strut

Compte: 48

Mur: 4

Niveau:

Chorégraphe: Brittney Bowling

Musique: Kansas City - Wilbert Harrison



TOE HEEL STRUTS FORWARD

- 1-2 Touch right toe forward, step down on right heel
- 3-4 Touch left toe forward, step down on left heel
- 5-8 Repeat 1-4

JAZZ BOX ¼ TURN RIGHT

- 1-2 Step right foot across left, step back left
- 3-4 Step right foot next to left, step left foot next to right
- 5-6 Step right foot across left, step back left
- 7-8 Step right foot into ¼ turn right, step left foot next to right

CROSS OVER VINE ½ TURN (MOVING LEFT)

- 1-2 Step right foot across left, step left foot to left side
- 3-4 Step right behind left, step left foot into ¼ turn left
- 5-6 Step forward right, pivot ¼ turn left shifting weight to left foot
- 7-8 Step forward right, pivot ¼ turn left shifting weight to left foot

WALKING STEPS FORWARD

- 1-2 Step forward right, hold
- 3-4 Step forward left, hold
- 5-6 Step forward right, step forward left
- 7-8 Step forward right, step forward left

KICK, KICK, SAILOR SHUFFLE

- 1-2 Kick right foot forward, kick right foot to right side
- 3 Step right behind left
- & Step on ball of left beside
- 4 Step right foot beside left (slightly out to side)
- 5-8 Repeat 1-4 starting with left foot

ROCK FORWARD AND BACK ¼ TURN LEFT

- 1 Step forward right, rock back on left foot
- 3 Rock back right, step forward on left foot
- 5 Step forward right foot
- 6 Pivot ¼ turn left on ball of right and step left beside right
- 7 Step forward right
- 8 Pivot ¼ turn left on ball of right and step left beside right

REPEAT
