

Chan Fu

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Marchy Susilani (HK) & Lia Lim - April 2025

Musique: Chan Fu (搀扶) - Ma Jian Tao (马健涛)



Sec 1. Walk Forward R.L.Lock Shuffle Forward, Forward Mambo. Coaster step

- 1-2. Step Fwd on RF.Step Fwd on LF
- 3&4. Step Fwd on RF. Step LF Behind RF. Step Fwd on RF
- 5&6. Rock Fwd on LF.Recover on RF. Step Back on LF
- 7&8. Step Back on RF.Step LF Beside RF. Step Fwd on RF.

Sec 2. Forward.Pivot ¼,R.Cross over.Chasse.Coaster step.Lock Shuffle Forward

- 1&2. Step Fwd on LF.Turn ¼,R.Cross LF Over RF
- 3&4. Step RF to Side.Step LF next to RF Step RF to Side
- 5&6. Step Back on LF.Step RF Beside LF Step Fwd on LF
- 7&8. Step Fwd on RF. Step LF Behind RF. Step RF Fwd.

Sec 3. Charleston.Lock Shuffle Forward.Sway RL

- 1-2. Step Fwd on LF.Sweep Fwd on RF
- 3-4. Sweep Back on RF. Touch Back on LF
- 5&6. Step Fwd on LF.Step RF Behind LF. Step Fwd on LF
- 7-8. Sway R.L

Sec 4. Forward Rock .Turn ½,R.Lock Shuffle Forward.Rockingchair.

- 1&2. Rock Fwd on RF.Recover on LF.Turn ½,R.Step Fwd on RF
- 3&4. Step Fwd on LF.Step RF Behind LF Step Fwd on LF
- 5-6. Rock Fwd on RF.Recover on LF
- 7-8. Rock Back on RF.Recover on LF

Have Fun

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