

Swiss Lady

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: GoWildWest Isabel (CH) - March 2025

Musique: Swiss Lady - Pepe Lienhard Band : ((German or English Version))

Intro: 3x8 counts wait

Part 1: chasse right, back rock, chasse left, back rock

1+2 RF step right, LF close, RF step right
3, 4 LF back rock, weight on RF
5+6 LF step left, RF close, LF step left
7, 8 RF back rock, weight on LF

Part 2: point & point & point, clap / heel & heel & heel , clap

1 RF point right out (weight is on your LF)
+2 weight on RF, LF point left out
+3 weight on LF, RF point left out
4 clap your hands

Part 3: shuffle forward, rock step, shuffle backward, back rock

1+2 RF step for, LF close, RF step for
3, 4 LF rock for, weight on RF
5+6 LF step back, RF close, LF step back
7, 8 RF rock back, weight on LF

Part 4 : step 1/2 turn, step 1/4 turn

1, 2 RF step for, LF step ½ turn left
3, 4 RF step for, hold
5, 6 LF step for, RF step ¼ turn right
7, 8 LF close RF, hold

Have so much Fun ☐

Last Update: 3 Apr 2025
