

Rowdy Friends

COPPER **NOB**
BY STEPHEN PISTOIA

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Stephen Pistoia (USA) - March 2025

Musique: Stay Rowdy - Chris Janson : (iTunes)



Intro: 16

[1-8] FORWARD SHUFFLE, ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER.

1&2-3-4 Step R forward, step LF next to RF, step RF forward, rock LF forward, recover on RF.

5&6-7-8 Step LF back, step RF next to LF, step LF back, rock RF back, recover on LF.

[9-16] LINDY RIGHT, LINDY LEFT

1&2-3-4 Step RF out to RT, step LF next to RF, step RF out to RT, step LF behind RF, recover on RF

5&6-7-8 Step LF out to LT, step RF next to LF, step LF out to LT, step RF behind LF, recover on LF

[17-24] RIGHT HEEL, LEFT HEEL, POINT RIGHT, POINT LEFT, ROCK RECOVER SHUFFLE LEFT ¼ TURN.

1&2&3&4 Right heel forward, step RF next to LF, LT heel forward, step LF next to RF, point RF out to RT. Step RF next to LF, point LF out to LT.

5-6-7&8 rock LF forward, recover on RF, step LF out to LT making ¼ turn LT, step RF next to LF, step LF out to LT.

[25-32] CROSS ROCK SHUFFLE RIGHT, CROSS ROCK SHUFFLE LEFT

1-2-3&4 Cross RF over LF, recover on LF, step RF out to RT, step LF next to RF, step RF out to RT.

5-6-7&8 Cross LF over RF, recover on RF, step LF out to LT, step RF next to LF, step LF out to LT.

Have fun with it! Any questions contact at Pistoias@gmail.com

Last Update: 4 Mar 2025
