

A Little Bit Sad

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Mona Akersveen Schützer (NOR) - February 2025

Musique: A Little Bit Sad - Tolou



****2 restarts**

[1-8] Step out-out, rock back, hitch, coaster step, ½ turn

- 1-2 Step RF diagonal forward, Step LF diagonal forward
- 3&4 Rock back on RF, recover on LF, Weight back on RF with hitch on LF
- 5&6 Step back on LF, step RF beside L, Step LF forward
- 7-8 Step RF forward, ½ turn L recover weight on LF (6 o'clock)

[9-16] Rock, behind side cross with ¼ turn L, rock, coaster step

- 1-2 Rock RF to side, Weight back on LF
- 3&4 Step RF behind L, Step LF to side, turn ¼ step RF forward (3 o'clock)
- 5-6 Rock LF forward, recover on RF (do a body roll if you want)
- 7&8& Step back on LF, step RF beside L, Step LF forward

Restart in wall 4&8

[17-24] Kickball change x2, rocking chair

- 1&2 Kick RF forward, step RF back in place, step LF in place
- 3&4 Kick RF forward, step RF back in place, step LF in place
- 5-6 Rock forward on RF, recover on LF
- 7-8 Rock back on RF, recover on LF

[25-32] Travelling Toe strut x2 while turning, walk forward

- 1-2 Touch R toe forward, turn ½ L drop R heel
- 3-4 Turn ½ L touch L toe forward, drop L heel
- 5-6 Step forward on RF foot, turn ½ step forward on LF (9 o'clock)
- 7-8 Walk RF forward, walk LF forward

Start again

Restart after 16 counts in wall 4(6 o'clock) and 8(12 o'clock)

I hope you enjoy the dance ☐

Last Update: 20 Feb 2025