

Shake It Off

Compte: 32

Mur: 2

Niveau: Beginner

Chorégraphe: DJ Line Dance (USA) - February 2025

Musique: Shake It Off - Taylor Swift

ou: Sweet but Psycho - Ava Max



Part 1

- 1234 R Vine Twist
- 1 R side step
- 2 L cross behind R
- 3 R side step
- 4 L (twist) R together
- 5678 Spinning L vine - 5 L side step, 6 Left 180 degree R cross in front L, 7 Left 180 degree L cross behind R, 8 L R together

Part 2

- 1 Upper arm pumps R hip shake
- 2 R hip shake
- 3 Upper arm pumps L hip shake
- 4 L hip shake
- 5 Arms down on each side R side step
- 6 L on ground heel tap inward
- 7 Arms down on each side L side step
- 8 R on ground heel tap inward

Part 3

- 1 Lean right low hand shakes
- 2 Low hand shakes
- 3 Lean left high hand shakes
- 4 High hand shakes
- 5 Lean right low hand shakes
- 6 Low hand shakes
- 7 Lean left high hand shakes
- 8 High hand shakes

Part 4

- 1& R forward, L behind R
- 2 R forward
- 3& L forward, R behind L
- 4 L forward
- 5 R forward
- 6 Left 180 degree pivot on R
- 7 R home stomp
- 8 R stomp