

Sinaran

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Indah Parahita (INA) - February 2025

Musique: Sinaran - Sheila Majid



No tags - restart on wall 14 after 8 counts

SECTION 1. SIDE ROCK, BEHIND, SIDE ,CROSS (R,L)

- 12 Step Rf to R recover L
- 3&4 Cross Rf behind LF, step LF to L, cross RF over LF
- 56 Step Lf to L, Recover R
- 7&8 Cross LF behind RF, step RF to R, cross LF over RF

SECTION 2. ROCK FWD, SUFFLE TURN ¼ R,SUFFLE TURN ¼ R, ROCK BACK

- 12 Step Rf fwd, recover L
- 3&4 Make turn ¼ R Rf to R, close LF beside RF, make turn ¼ R ,RF fwd
- 5&6 make turn ¼ R , LF to L, Close Rf beside LF, step LF to L
- 78 Step RF back, recover (weight on L)

SECTION 3, SIDE ROCK, CROSS SUFFLE, CROSS OVER, SIDE, BEHIND, SIDE CROSS

- 12 Step Rf to R, recover L
- 3&4 Cross RF over LF step LF to L, cross RF over Lf
- 56 Cross Lf over RF, step RF to R
- 7&8 Cross LF behind RF step RF toR, cross LF over Rf

Section 4. Hip bumb (R,L), JAZZBOX

- 1&2 Hip Bumb R
 - 3&4 Hip bumb L
 - 56 Cross RF over LF , step LF back
 - 78 Step RF to R, Step LF fwd
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