

# Keep Moving

Compte: 32

Mur: 2

Niveau: Absolute Beginner

Chorégraphe: Tone Armand-Jensen Bergum (NOR) - February 2025

Musique: Keep Moving Forward - Tunes Of The Future



#8 count intro

\*1 tag & Restart

## Sec 1: K-step with Fingersnaps

- 1-2 On R Diag Step FW on RF (1), Touch LF Beside and Snap to R side (2)
- 3-4 On L Diag Step Back on LF (3), Touch RF Beside and Snap to L side (4)
- 5-6 On R Diag Step Back on RF (5), Touch LF Beside and Snap to R side (6)
- 7-8 On L Diag Step FW on LF (7), Touch RF Beside and Snap to R side (8)

## Sec 2: Wine to the Right, Touch, Rolling Wine to the Left, Touch

- 1-4 Step RF to side (1), Cross LF behind (2), Step RF to side (3), Touch LF beside (4)
- 5-8  $\frac{1}{4}$  Turn L (5),  $\frac{1}{2}$  Turn L (6),  $\frac{1}{4}$  Turn L (7), Touch R Beside L (8)

## Sec 3: R Shuffle, Pivet $\frac{1}{2}$ Turn R, L Shuffle, Pivet $\frac{1}{2}$ Turn L

- 1&2 Step FW on RF (1), Step LF Beside (&), Step FW on RF (2)
- 3-4 Step FW on LF (3),  $\frac{1}{2}$  Turn and Step FW on RF (4) (6:00)
- 5&6 Step FW on LF (5), Step RF Beside (&), Step FW on LF (6)
- 7-8 Step FW on RF (7),  $\frac{1}{2}$  Turn L and Step FW on LF (8) (12:00)

## Sec 4: R Shuffle, $\frac{1}{2}$ Turn L, Walk Back L-R, L Coaster Step, Sway R Sway L

- 1&2  $\frac{1}{4}$  Turn L and Step RF to Side (1) (9:00), Step LF Beside (&),  $\frac{1}{4}$  Turn L and Step Back o RF (2) (6:00)
- 3-4 Walk Back on LF (3), Walk Back on RF (4)
- 5&6 Step Back on Lf (5), Step RF Beside (&), Step FW on LF (6)
- 7-8 Step RF to Side and Sway R (7), Recover Weight to LF and Sway L (8)

Tag and Restart: In wall 8, after 16 counts, the Music stops for 4 counts; Sway R-L-R-L and dance one more wall. Enjoy the dance!