

# Ah Ya Albi (CBA25)

**COPPER** **KNOB**  
BY SHEETS

**Compte:** 128

**Mur:** 2

**Niveau:** Advanced

**Chorégraphe:** Marlon Ronkes (NL) & Romain Brasme (FR) - February 2025

**Musique:** Ah Ya Albi (Ajna (BE), Samm (BE) Edit) - Hakim



**Intro:** 31 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

**Sequence:** A, B, C, C, C, C (32 Counts), B, C, C, C (32 Counts), A, C, C

## Part A

**Note** Throughout all of Part A hands:- fingers spread with thumb and index finger tips touching

### SEC 1 POINT, HOLD

8 Lift left heel pointing left toe to left

**Arms** Place right arm to left at waist height, place left arm to left with hand at head height elbow bent at right angle

1-7 Hold

### SEC 2 POINT, HOLD

8 Drop left heel lifting right heel right pointed to right

**Arms** Place left arm to right at waist height, place right arm to right with hand at head height elbow bent at right angle

1-7 Hold

### SEC 3 TOGETHER ARMS, HOLD

8 Step right beside left

**Arms** Cross both arms over body at waist height right on top of left

1-7 Hold

### SEC 4 ARMS, HOLD

8 Take both hands to respective sides keeping hands at waist height

1-8 Hold

**Note** First time Part A is danced arms are on count 8, the second time the arms are on count 1

## Part B

**Note** Palms are flat throughout Part B

### SEC 1 ARMS, HEAD MOVEMENT

1 Palms facing up place right hand at shoulder height elbow bent in a V

2 Palms facing up place left hand at shoulder height elbow bent in a V

3-4 Raise right hand to head height, raise left hand to head height

5-6 Place hands together high above head, lower hands towards head

7&8& Push head right, push head left, push head right, return to center

### SEC 2 KNEE ROLL, KNEE ROLL, POINT, TOGETHER, POINT, TOGETHER

1-2 Bend both knees roll from left to right, straighten both knees

3-4 Bend both knees roll from right to left, straighten both knees weight on right

**Note** Arms are still over head hands together

5-6 Point left to left, step left beside right

**Arms** Lower left hand to shoulder height, return hand to back above head

7-8 Point right to right, step right beside left

**Arms** Lower right hand to shoulder height, return hand to above head

### SEC 3 BOW X4 **Note** Lower hands to prayer position in front of body

- 1-2 Bend from hips to left diagonal, return to standing
- 3-4 Bend from hips to right diagonal, return to standing
- 5-6 Bend from hips to left diagonal, return to standing
- 7-8 Bend from hips to right diagonal, return to standing

#### **SEC 4 BODY CIRCLE**

- 1-8 Bend from hips to right diagonal pulse round in a full circle anticlockwise

#### **Part C**

#### **SEC 1 FULL TURN STEP SWEEP, CROSS ROCK SIDE, CROSS ROCK TOGETHER**

- 1 Turn  $\frac{1}{4}$  right step right forward (3:00)
- 2-3-4 Turn  $\frac{3}{4}$  right sweeping left from back to front over 3 counts (12:00)
- 5&6 Cross rock left over right, recover weight on to right, step left to left
- 7&8 Cross rock right over left, recover weight on to left, step right beside left

#### **SEC 2 SYNCAPTED WEAVE, SIDE SHIMMY, TOGETHER**

- 1-2 Cross left over right, step right to right
- 3&4 Step left behind right, step right to right, cross left over right
- 5-6-7 Step right to right shimmying shoulders over 3 counts
- 8 Step left beside right

#### **SEC 3 $\frac{1}{8}$ STEP, LOCK, STEP, HITCH, $\frac{1}{4}$ STEP, LOCK, STEP, HITCH**

- 1-2 Turn  $\frac{1}{8}$  left step right forward, lock left behind right (10:30)
- 3-4 Step right forward, hitch left
- 5-6 Turn  $\frac{1}{4}$  right step left forward, lock right behind left (1:30)
- 7-8 Step left forward, hitch right

#### **SEC 4 MODIFIED SYNCOPATED $\frac{1}{8}$ JAZZBOX $\frac{1}{4}$ BACK, SIDE, $\frac{1}{2}$ PADDLE, FLICK**

- 1-2 Cross right over left, step left back
- &3-4 Step right to right, cross left over right, turn  $\frac{1}{8}$  left step right back (12:00)
- &5-6 Step left to left, turn  $\frac{1}{4}$  left point right to right, turn  $\frac{1}{8}$  right point right to right (7:30)
- 7-8 Turn  $\frac{1}{8}$  right point right to right, flick right back (6:00)

**Restart On the 4th and 7th time Part C is danced**

#### **SEC 5 $\frac{1}{4}$ STEP, $\frac{1}{2}$ BACK, COASTER STEP, STEP, $\frac{1}{4}$ SIDE, $\frac{1}{4}$ SAILOR STEP**

- 1-2 Turn  $\frac{1}{4}$  left step right forward, turn  $\frac{1}{2}$  right step left back (9:00)
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Step left forward, turn  $\frac{1}{4}$  left step right to right (6:00)
- 7&8 Turn  $\frac{1}{4}$  left step left behind right, step right to right, step left forward (3:00)

#### **SEC 6 $1\frac{1}{2}$ TURNING PONY STEPS**

- 1&2 Step right forward hitching left knee, step left beside right, step right forward hitching left knee
- 3&4 Turn  $\frac{1}{2}$  right step left back hitching right knee, step right beside left, step left back hitching right knee (9:00)
- 5&6 Turn  $\frac{1}{2}$  right step right forward hitching left knee, step left beside right, step right forward hitching left knee (3:00)
- 7&8 Turn  $\frac{1}{2}$  right step left back hitching right knee, step right beside left, step left back hitching right knee (9:00)

#### **SEC 7 WALK WALK & LOCK & STEP, $\frac{1}{2}$ CURVING WALK WALK & LOCK & STEP**

- 1-2 Step right forward, step left forward
- &3&4 Step right forward, lock left behind right, step right forward, step left forward
- 5-6 Turn  $\frac{1}{8}$  left step right forward, turn  $\frac{1}{8}$  left step left forward (6:00)
- &7&8 Turn  $\frac{1}{4}$  left step right forward, lock left behind right, step right forward, step left forward (3:00)

**SEC 8 ROCKING CHAIR, STEP, ½ PIVOT, STEP, ¼ PIVOT**

- 1-2 Rock right forward, recover weight on to left
- 3-4 Rock right back, recover weight on to left
- 5-6 Step right forward pivot ½ left transferring weight onto left (9:00)
- 7-8 Step right forward pivot ¼ left transferring weight onto left (6:00)

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