

Dip My Toes

Compte: 80

Mur: 2

Niveau: Phrased Intermediate / Advanced



Chorégraphe: Rachael McEnaney (USA) & Shane McKeever (N.IRE) - November 2024

Musique: Dance - Willie Shaw

Count In: 32 counts from start of track, dance begins on vocals

Phrasing: A B A B B Tag B (SLOW)

PART A

A [1 – 8] R fwd with L hitch, L cross, R side rock, R behind, 1/4 turn L, R fwd, L toe touch, L forward rock with hip, recover R

- 1 2 Step ball of R forward (raised up on R) as you hitch L knee [1]. Cross L over R [2] 12:00
- 3 4 Rock R to right (styling: dip down slightly) [3] Recover weight L [4] 12:00
- 5 & 6 Cross R behind L [5] Make 1/4 turn left stepping L forward [&] Step R forward [6] 9:00
- & 7 8 Touch L toe forward [&] Rock L forward (a little further than the touch) pushing hips forward [7] Recover weight R [8] 9:00

A [9 – 16] L fwd, R fwd, full pivot turn, R back with sweep, L back with sweep, R behind, L side, R cross, L hitch, L side

- 1 2 & 3 Step L forward [1] Step R forward [2] Pivot 1/2 turn left [&] Make 1/2 turn left stepping R back as you sweep L [3] 9:00
- 4 5 & 6 Step L back as you sweep R [4] Cross R behind L [5] Step L to left [&] Cross R over L [6] 9:00
- & 7 8 Hitch L knee (option to do a slight hop on R)[&] Step L to left [7] Drag R towards L (weight remains L) [8] 9:00

A [17 – 24] R ball, L cross, 1 1/8 turn right, walk R-L, R cross, 1/8 turn R L side, R heel, R ball, L cross, 1/4 turn L back R

- & 1 2 Step ball of R to right [&] Cross L over R [1] Make 1 & 1/8 turn right on ball of L (option to hitch R knee) [2] 10:30
- 3 4 Step R forward [3] Step L forward [4] 10:30
- 5 & 6 Cross R over L [5] Make 1/8 turn right stepping L to left [&] Touch R heel to right diagonal [6] 12:00
- & 7 8 Step in place on R ball [&] Cross L over R [7] Make 1/4 turn left stepping R back [8] 9:00

A [25 – 32] 1/2 turning L shuffle, R fwd rock, R sailor, L close, R side rock with 1/4 turn right

- 1 & 2 Make 1/4 turn left stepping L to left [1] Step R next to L [&] Make 1/4 turn left stepping L forward [2] 3:00
- 3 4 5 & 6 Rock R forward [3] Recover weight L sweeping R [4] Cross R behind L [5] Step L next to R [&] Step R to right [6] 3:00
- & 7 8 Step L next to R [&] Rock R to right [7] Make 1/4 turn right as you recover weight L [8] 6:00

A [33 – 40] R back, L touch, L back, R touch, R coaster, L fwd rock with knee pop

- 1 2 3 4 Step R back [1] Touch L next to R [2] Step L back [3] Touch R next to L [4] (styling option: body roll as you step back) 6:00
- 5 & 6 Step R back [5] Step L next to R [&] Step R forward [6] 6:00
- 7 8 Rock L forward [7] Recover weight R as you pop L knee forward snapping fingers [8] 6:00

A [41 – 48] L fwd, 1/2 turn L back R, 1/2 turning L sailor, R side rock with sway R-L, rolling grapevine R

- 1 2 Step L forward [1] Make 1/2 turn left stepping R back [2] 12:00
- 3 & 4 Cross L slightly behind R [3] Make 1/4 turn left stepping R next to L [&] Make 1/4 turn left stepping L forward [4] 6:00
- 5 6 Step R to right swaying body right [5] Transfer weight L swaying body left [6] 6:00

7 8 & Make 1/4 turn right stepping R forward [7] Make 1/2 turn right stepping L back [8] Make 1/4 turn right on L ball ready for part B 6:00

PART B

B [1 – 8] R diagonal, L touch, L back, R kick, R behind, L side, R cross, L diagonal, heel twist, L kick, L behind, R 1/4 turn, L fwd.

1 & 2 & Step R to right diagonal [1] Touch L next to R [&] Step L back [2] Kick R to right diagonal [&] 6:00

3 & 4 Cross R behind L [3] Step L to left [&] Cross R over L [4] 6:00

5 & 6 & Step L to left diagonal [5] Twist both heels to left [&] return heels to center [6] Kick L to left diagonal [&] 6:00

7 & 8 Cross L behind R [7] Make 1/4 turn right stepping R forward [&] Step L forward [8] 9:00

B [9 – 16] Charleston - R touch fwd, R back, L touch back, L forward with sweep, weave with R crossing shuffle

1 2 3 4 Touch R toe forward [1] Step R back [2] Touch L toe back [3] Step L forward as you sweep R [4] 9:00

5 & 6 & Cross R over L [5] Step L to left [&] Cross R behind L [6] Step L to left [&] 9:00

7 & 8 Cross R over L [7] Step L to left [&] Cross R over L [8] 9:00

B [17 – 24] L side, heel swivels R-L, R hitch, R side, heel swivels L-R with L leg raise, full turn left walking L-R L shuffle

1 & 2 & Step L to left [1] Swivel R heel left [&] Swivel L heel left [2] Hitch R knee to right diagonal [&] 9:00

3 & 4 Step R to right [5] Swivel L heel right [&] Swivel R heel right making 1/4 turn left as you release L leg off floor [4] 6:00

5 6 Make 1/4 turn left stepping L forward [5] Make 1/4 turn left stepping R forward [6] 12:00

7 & 8 Make 1/4 turn left stepping L forward [7] Step R next to L [&] Make 1/4 turn left stepping L forward

STYLING: counts 5 - 8 should make a circle shape on floor, think of it as walk walk shuffle in a circle 6:00

B [25 – 32] R rock fwd, 1/2 triple turn R (or 1/2 turn) diagonal lock steps L-R, L forward

1 2 3 & 4 Rock R forward [1] Recover weight L [2] Make 1/2 turn right stepping R forward [3] Make 1/2 turn right stepping L back [&] Make 1/2 turn right stepping R forward [4] (easy option 3-4: 1/2 turn R shuffle) 12:00

5 & 6 & 7 Step L to left diagonal [5] Lock R behind L [&] Step L to left diagonal [6] Step R to right diagonal [&] Lock L behind R [7] 12:00

& 8 Step R to right diagonal [&] Step L forward [8] 12:00

TAG: Phrasing A (12.00), B (6.00), A (12.00), B (6.00), B (12.00) - TAG (6.00), B (slow)

TAG [1-8] V-Step, forward rock with hips, 1/2 turn left

1 2 3 4 Step R to right diagonal [1] Step L to left diagonal [2] Step R back [3] Step L next to R [4] 6:00

5 6 Rock R forward pushing hips forward [5] Recover weight L pushing hips back [6] 6:00

7 8 Rock R forward pushing hips forward [7] Make 1/2 turn left as you recover weight L [8] 12:00

TAG [9-16] V-Step, 2x 1/4 pivot turns (roll hips)

1 2 3 4 Step R to right diagonal [1] Step L to left diagonal [2] Step R back [3] Step L next to R [4] 12:00

5 6 7 8 Step R forward [5] Pivot 1/4 turn left [6] Step R forward [7] Pivot 1/4 turn left [8] 6:00

TAG [17-24] R cross, L point, L cross, R point, R jazz box

1 2 3 4 Cross R over L [1] Point L to left [2] Cross L over R [3] Point R to right [4] 6:00

5 6 7 8 Cross R over L [5] Step L back [6] Step R to right [7] Cross L over R [8] 6:00

TAG [25-32] R side, L touch, L side with sways L-R, L side, R touch, rolling grapevine L SLOWLY

1 2 3 4 Step R to right [1] Touch L next to R [2] Step L to left side swaying body left [3] Transfer weight R swaying body right [4] 6:00
5 6 7 8 & Step L to left [5] Touch R next to L [6] Make 1/4 turn right stepping R forward [7] Make 1/2 turn R stepping L back [8] Make 1/4 turn right on L ball ready to start part B SLOWLY [&] 6:00

HAVE FUN - GOOD LUCK :-)

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