

# I Had Some Help

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Ida mayang susanti (INA) - January 2025

Musique: I Had Some Help (feat. Morgan Wallen) - Post Malone



**\*1x Restart (@wall 4 after 16 count)**

**Intro 32 count, Start dance on vocal**

## **SEC.I. GRAFEVINE R, ROLLINGVINE L**

1 2 3 4 Step RF to R side (1), step LF behind RF (2), Step RF to R side (3), Step touch LF next to RF  
5 6 7 8 Turn L  $\frac{1}{4}$ , Step LF (5) (9.00), Step RF forward ,turn  $\frac{3}{4}$  (6), Step LF to L side (7), Touch RF  
next to LF (8) (12.00)

## **SEC.II. V STEP, DIAGONAL FORWARD TOUCH, BACKWARD TOUCH**

1 2 3 4 Step out diagonal RF (1), Step out diagonal LF (2), Step back to center RF (3), Step back to  
center LF (4)  
5 6 7 8 Step out diagonal RF (5), Step touch LF next to RF (6), Step back LF (7), Step touch RF next  
to LF (8) turn  $\frac{1}{4}$  to R (3.00).

## **SEC.III. SIDE TOUCH R/L, LOCKSHUFFLE FORWARD R/L**

1 2 3 4 Step RF to R side (1), Step touch LF next to RF (2), Step LF to L side (3), Step touch RF next  
to LF  
5 &6 Step RF forward diagonal (5), Stepping LF behind RF (&), Step RF forward diagonal (6)  
7 &8 Step LF forward diagonal (7) Stepping RF behind LF (&), Step LF forward diagonal (8)

## **SEC.IV. JAZZ BOX , SWIVEL TO L**

1 2 3 4 Cross RF over LF (1), Step back LF (2), Step RF to R side (3), Step LF close to RF (4)  
5 6 7 8 Swivel heels together to L side (5), Swivel together toes to L (6), Swivel heels together to L  
side (7), Swivel together toes to L (8)

**Enjoy the dance and have fun**

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