

# All the Feels

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Liz Atkinson (USA) - January 2025

**Musique:** All the Feels - Fitz and The Tantrums



## #16 count intro

### S1: R DIAGONAL STEP, KICK, TRIPLE BACK, STEP BACK, POINT, SAILOR 1/4L

- 1, 2 Step RF to fwd/R diagonal, kick LF fwd (1:30)
- 3 & 4 Triple step back LF-RF-LF (1:30)
- 5, 6 Step RF back, point L toe toward 9:00 wall
- 7 & 8 Step LF behind RF, turning 1/4L (10:30) step RF slightly out, step LF slightly fwd

### S2: CROSS ROCK, COASTER STEP X2

- 1, 2 Cross rock RF over LF, recover LF (10:30)
- 3 & 4 Step RF back, step LF beside RF, step RF forward (squaring up to 12:00)
- 5, 6 Cross rock LF over RF, recover RF (1:30)
- 7 & 8 Step LF back, step RF beside LF, step LF forward (squaring up to 12:00)

**\*RESTART here on wall 3 (12:00)**

### S3: 1/2L PIVOT, SHUFFLE FWD, 1/4R PIVOT, CROSS SHUFFLE

- 1, 2 Step RF forward, turn 1/2L finishing with weight on LF
- 3 & 4 Step RF forward, step LF beside RF, step RF forward
- 5, 6 Step LF forward, turn 1/4R (9:00) finishing with weight on RF
- 7 & 8 Cross-step LF over RF, step RF beside LF, cross-step LF over RF

### S4: SIDE, BEHIND, CHASSE' R, CROSS ROCK (flick), CHASSE' L (1/8L)

- 1, 2 Step RF to R side, step LF behind RF
- 3 & 4 Step RF to R side, step LF beside RF, step RF to R side (chasse')
- 5, 6 Cross rock LF over RF flicking RF behind L, recover RF
- 7 & 8 Step LF to L side, step RF beside LF, turning 1/8L (7:30) step LF forward (this is the diagonal on which you will begin the "back" wall)

**NOTE:** On wall 3 (12:00) dance first 16 counts then restart.

**Contact:** [info@LizAtkinsonDance.com](mailto:info@LizAtkinsonDance.com) Asheville, NC, USA