

Lara

Compte: 32

Mur: 4

Niveau: High Beginner / Improver

Chorégraphe: Liswati (INA), Theresia (INA), Dwi Kusumastuti (INA) & Bp. Suroto (INA) -
January 2025

Musique: Lara (Gimb Remix) - Selena Gomez, Alan Walker



Intro : 16 Count (approximately 00:10 secs)

***1X Restart on Wall 5 (after 16C)**

S1. WALK FORWARD (R,L), BACKWARD TOUCH (R,L)

- 1-2 Step R forward - Step L forward
- 3-4 Step R forward - Close L together
- 5-6 Step R back - touch L in place
- 7-8 Step L back - touch R in place

S2. FORWARD ROCK , COASTER STEP, SIDE ROCK (L,R)

- 1-2 Rock R forward - Recover on L
- 3&4 Step R back - step L together - Step R forward
- 5-6& Rock L to side - Recover on R - Close L together
- 7-8 Rock R to side - Recover on L

S3 . TOUCH FORWARD, TOUCH SIDE, SAILOR ¼ TURN RIGHT, SIDE CHASSE, TOUCH FORWARD, TOUCH BACK

- 1-2 Touch R forward - Touch R to side
- 3&4 Step R behind L - Turn 1/4 right step L next to R - Step R forward
- 5&6 Step L to side - step R together - Step L to side
- 7-8 Touch R forward - Touch R back

S4. FORWARD SHUFFLE, ½ TURN RIGHT BACK SHUFFLE, BACK SHUFFLE, COASTER STEP

- 1&2 Step R forward - step L next to R - step R forward
- 3&4 ½ Turn right step L back - step R next to L - step L back
- 5&6 Step R back - step L next to R - step R back
- 7&8 Step L back - step R together - step L forward

Happy Dancing

CP Theresia: terewahyu41052@gmail.com.

Last Update: 23 Jan 2025
