Heel, Toe, Dosey Doe!



Compte: 56 Mur: 4 Niveau: Improver

Chorégraphe: Shanthie De Mel (AUS) - January 2025

Musique: Boot Scootin' Boogie - Brooks & Dunn



Intro: 16 Count. Begin on vocals. No Tags. No Restarts. Left rotation. ~128 BPM. You should be facing 12:00 when the song finishes at the 7th rotation. NOTE. This dance is not strictly phrased to the music, & can be easily danced without Tags or Restarts. (Similar to the popular classic Boot Scootin' Boogie by Bill Bader.1990) Do your own styling.

(1-8) HEEL. HOLD. TOE. HOLD. VINE RIGHT. HOLD.

1, 2	Touch R heel forward. Hold.
3. 4	Touch R toe forward, Hold.

5, 6 Step R to right side. Cross L behind R.7, 8 Step R to right side. Hold. (12:00)

(9-16) HEEL. HOLD. TOE. HOLD. VINE LEFT. HOLD.

1, 2	Touch L heel forward. Hold
3, 4	Touch L toe forward. Hold.

5, 6 Step L to left side. Cross R behind L.7, 8 Step L to left side. Hold. (12:00)

(17-24) WALK FORWARD CLAP. x4.

1, 2	Walk R forward. Clap.			
3, 4	Walk L forward. Clap.			
5, 6	Walk R forward. Clap.			

7, 8 Walk L forward. Clap. (12:00)

(25-32) TRI-ROCKER RIGHT WITH HOLD.

1, 2	Rock R forward. Recover L.
3, 4	Rock R to right side. Recover L.
5, 6	Rock R to the back. Recover L.
7, 8	Step R together. Hold. (12:00)

(33-40) TRI-ROCKER LEFT WITH HOLD.

1, 2	Rock L forward. Recover R.
3, 4	Rock L to left side. Recover R.
5, 6	Rock L back. Recover R.
7, 8	Step L together. Hold. (12:00)

(41-48) BACK. KICK. x4

1, 2	Step R back. Kick L forward.
3, 4	Step L back. Kick R forward.
5, 6	Step R back. Kick L forward.
7, 8	Step L back. Kick R forward. (12:00)

(49-56) TURN 1/4 LEFT, HOLD, SIDE, HOLD, SWAY, SWAY.

(4 3-30) 1014	74 LLI T. HOLD. GIDL. HOLD. GWAT. GWAT.
1, 2	Turning ¼ left step R to right side. Hold. (9:00)
3, 4	Step L to left side. Hold.
5, 6	Sway on R to the right side for 2 counts.
7, 8	Sway on L to the left side for 2 counts. (9:00)

Enjoy the dance! Stay well & happy.					