

Anything Shiny

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Rex Allott (UK) - January 2025

Musique: Hold On - KT Tunstall



Intro - 32 beats (on lyrics)

S1. Chasse R, turn 1/4 R, chasse L, cross rock R, chasse R

- 1&2. Step R to R, step L next to R, step R to R
- 3&4. Turn 1/4 R stepping L to L, step R next to L, step L to L
- 5-6. Cross rock R over left, return weight to L
- 7&8. Step R to R, step L next to R, step R to R

S2. Cross rock R, turn 1/4 L, chasse L, cross touch toes R, L, kick ball step

- 1-2. Cross rock L over R, return weight to R
- 3&4. Turning 1/4 L step L to L, step R next to L, step L to L
- 5&6&. Touch R toe over L, return, touch L toe over R, return
- 7&8. Kick R fwd, step R down, step L next to R

S3. Sweep turn 1/4 L, chasse R, cross rock L, chasse L

- 1-2. Turning 1/4 L, sweep R around, step L next to R
- 3&4. Step R to R, step L next to R, step R to R
- 5-6. Cross rock L over R, return weight to R
- 7&8& Step L to L, step R next to L, step L to L, step R next to L

S4. Big step L, hold, syncopated side jump, jazz box 1/4 turn R, kick ball cross 1/4 turn R

- 1-2. Take a big step L, hold
 - &3&4. Jump R, L, step L next to R
 - 5&6& Cross R over L, step L back turning 1/4 R, step R fwd, step L next to R
 - 7&8& Kick R fwd, step R down, turning 1/4 R cross L over R, step R next to L
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