

She's a Lady

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: In-young Choi (KOR) - January 2025

Musique: She's a Lady - Tom Jones



Intro: 16Count

Section1: Side Rock Recover×2(Disco motion), Paddle Turn(Quarter×2)

- 1-2 Step RF Side Rock Recover LF(In place),
- 3-4 Step RF Side Rock Recover LF(In place),
- 5-6 Step RF Forward Step(5), Quarter Turn L(6),
- 7-8 Step RF Forward Step(7), Quarter Turn L(8)_ facing 6 o'clock

Section2: Side Rock Recover×2(Disco motion), Paddle Turn(Quarter×2)

- 1-2 Step RF Side Rock Recover LF(In place),
- 3-4 Step RF Side Rock Recover LF(In place),
- 5-6 Step RF Forward Step(5), Quarter Turn L(6),
- 7-8 Step RF Forward Step(7), Quarter Turn L(8)_ facing 12 O'clock

Section3: Side Rock Recover×2(Disco motion), Samba Step R.L

- 1-2 Step RF Side Rock Recover LF(In place),
- 3-4 Step RF Side Rock Recover LF(In place),
- 5&6 Step RF Cross Over LF(5), Step LF Side(&), Step RF Recover(6)-In Place
- 7&8 Step LF Cross Over RF(7), Step RF Side(&), Step LF Recover(8)-In Place...9:00

Section4: Forward Step×4(Disco motion), Quarter Right- Side Together×2

- 1-4 Step Forward walks RF. LF. RF. LF(Disco motion),
- 5-6 Quarter Right Step RF Side(5), Step LF Together(6)...Beside RF
- 7-8 Step RF Side(7), Step LF Together(8)...Beside RF _ facing 3 O'clock

#TAG(12:00)- 40counts

Section1: Forward walk, Side Touch(×2), Back Step, Hip Bump×3

- 1-2 Step RF Forward walk(1), LF Side Touch(2)
- 3-4 Step LF Forward walk(3), RF Side Touch(4)
- 5 Step RF Back(5),
- 6-8 LF Ball point in front of RF- Hip Bumpx3 - Facing 12 O'clock

Section2: Back Walk, Side Touch (×2), Back Step, Hip Bump×3 1-2 Step LF Back Walk(1), RF Side Touch(2)

- 1-2-3-4 Step LF Back Walk(1), RF Side Touch(2), RF Back Walk(3), LF Side Touch(4)
- 5 Step LF Back(5)
- 6-8 RF Ball Point in front of LF- Hip Bump×3 - Facing 12 O'clock

Section3: Step RF Cross, LF Forward, RF Side, LF Back - Diamond Step×2

- 1-2 Step RF Cross Over LF(1), LF Forward(2)
- 3-4 Step RF Side(3), Step LF Back(4)
- 5-6 Step RF Cross Over LF(5), LF Forward(6)
- 7-8 Step RF Side(7), Step LF Back(8) - Diamond Step×2, Facing 12 O'clock

Section4: Vine Step Touch_ R.L

- 1-2 Step RF Side(1), Step LF Behind(2),
- 3-4 Step RF Side (3), LF Touch(4)
- 5-6 Step LF Side(5), Step RF Behind(6)
- 7-8 Step LF Side(7), RF Touch(8) - Facing 12 O'clock

Section5: Side Step, Touch(In Place)_R.L, Paddle Turn Touch×4 L(Quarter)

1-2 Step RF Side(1)- Hip Roll, Step LF Touch (In Place)- Hip Bump(2)

3-4 Step LF Side(3)- Hip Roll, Step RF Touch- (In place)- Hip Bump(4)

5-8 Step RF Side Touch×4 - Quarter 1/4 Turn - Facing 12 O'clock

#Ending... pose - Facing 12 O'clock

#Exciting disco...!! Happy new year♥

Last Update: 13 Jan 2025
