Run It



Compte: 32 Mur: 4 Niveau: Improver Chorégraphe: Jenergy (USA) & Amanda Fross (USA) - January 2025

Musique: Run It - Jelly Roll



*1 restart (6th wall – after 16 counts.)

Section 1: V Step with Claps, Locking shuffles

1&2&	Step R diagonal forward, clap, Step L diagonal forward, clap
3&4&	Step R back home, clap, Step L to R, clap
5 & 6	Step R forward diagonal, lock L behind R, Step R forward diagonal
7 & 8	Step L forward diagonal, lock R behind L, Step L forward diagonal

Section 2: R Rock Recover, Shuffle ½ turn R, full turn R, Shuffle forward L-R- L

1-2	Step R forward, rec	over weight L
-----	---------------------	---------------

3&4 Step R forward as you turn ½ R (6 o'clock), Step L to R, Step R forward

5-6 Step L-R as you make full turn

7&8 Step L forward, Step R to L, Step L forward

Section 3: 1/4 Monterey turn R, Hitch R, Step R, Hitch L, Elevated Side together, L Cross & Cross

1-2	Point R to R side, turn 1/4 R Hitching R knee to 9 o'clock wall
3-4	Step R to R side, Hitch L with slight cross
5-6	Step L to L side, bring R to L elevating to toes and slightly angle body R
7 & 8	Step L across R, Bring R to L, Step L across R

Section 4: Shuffle Turns L, "Run" forward R-L-R

1&2	Step R to R side, Step L to R foot, Step R to R side
3&4	Turn L (6 o'clock) as you Step L to L side, Step R to L foot, Step L to L side
5&6	Turn L (3 o'clock) as you Step R to R side, Step L to R foot, Step R to R side
7&8	Step forward L, R, L

^{**} Restart here on 6th wall