

No More Worries

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Nivea Pierre (USA) - April 2024

Musique: Worry No More - Amos Lee



Scissor Step Right,R & L, ¼ Triple turn left, L coaster step

- 1&2 Rock out to side right, Recover to left, Cross Right over Left, Hold 3 3&4 Rock out to side left, Recover to right, Cross Left over Right,
5&6 Triple step R,L,R ¼ turn over left shoulder
7&8 Step left foot back, Step right foot back, Step left foot forward, hold

Lock Step R & L, Rt Chase Turn, Left Chase Turn

- 1&2 Diagonal Step forward right, lock left foot behind right,
3&4 Diagonal Step forward left, lock right foot behind left
5&6 Step right forward, ½ turn pivot to the left with left taking weight, step right
7&8 Step left forward, ½ turn pivot to the right with right taking weight, step left

Shuffle Right, Left Sailor Step,Behind side cross, rock out left and cross

- 1&2 Shuffle right left right to the right
3&4 Step left behind right step right to right side, left to left
5&6 Step right behind, step out left, cross right front of left
7&8 Rock to left and cross left over right

¼ Turn Triple Step, Left Coaster Step, walk R, cross L over R, ¾ Unwind Turn (snap fingers at left hip)

- 1&2 Step R, L, R 1/4 turn to the left
3&4 Step left foot back, Step right foot back, Step left foot forward, hold
5&6 Walk forward R, Cross left right over Right, snap fingers to left at hip
7&8 ¾ Unwind turn and hold

Restart at 1st 6 o'clock after counts 1-4

Restart at 9 o'clock wall @2:45 in song after first 24 cts start again

End with last unwind 1 ¼ turn to front Scissor step R,L,R,L then snap fingers by left hip/hold!