

Break My Stride

COPPER KNOB
BY STEPHENETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Gordon Elliott (AUS) - January 2025

Musique: Break My Stride - Bluelagoon : (ALBUM: SENTIMENTAL FOOLS)



ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

Introduction : 32 Beats

FORWARD, FORWARD, FORWARD, KICK BACK, TOUCH, FORWARD, KICK

1, 2 Step R Forward, Step L Forward,
3, 4 Step R Forward, Kick L Forward,
5, 6 Step L Back, Touch R Toe Back,
7, 8 Step R Forward, Kick L Forward. (12.00)

BACK, BACK, BACK, TOUCH, ROCKING CHAIR

1, 2 Step L Back, Step R Back,
3, 4 Step L Back, Touch R Toe Together,
5, 6 Rocking Chair : Step R Forward, Rock Back Onto L,
7, 8 ## Step R Back, Rock Forward Onto L. (12.00)

VINE RIGHT & TOUCH, VINE LEFT & TOUCH

1, 2 Vine : Step R To The Side, Step L Behind Right,
3, 4 Step R To The Side, Touch L Toe Together,
5, 6 Vine : Step L To The Side, Step R Behind Left,
7, 8 Step L To The Side, Touch R Toe Together. (12.00)

TOUCH, TOGETHER, TOUCH, TOGETHER, MONTEREY 1/4 TURN

1, 2 Touch R Toe To The Side, Step R Together,
3, 4 Touch L Toe To The Side, Step L Together,
5, 6 Monterey : Touch R Toe To The Side, Turn 90° Right Step R Together,
7, 8 Touch L Toe To The Side, Step L Together. (3.00)
