A Sure BET ANd WIN That's Dancin'

Mur: 4

Niveau: Absolute Beginner

Compte: 32 Chorégraphe: Sher Mcintosh (CAN) - December 2024 Musique: BOOGIE - Van Ness Wu

No Tag No Restart

Dedicated to some very special people.

Arm Motions are Optional but Highly Recommended.

Section 1:Two 1/8 turns L (swing hips/arms), R Step Charleston

- 1, 2 Step forward R foot and rotate 1 /8 to left, stepping on L foot, swing Your hips and hands to accentuate the turn(per demo)
- 3, 4 Step forward R foot and rotate 1 /8 to left, stepping on L foot, swing Your hips and hands to accentuate the turn(per demo)
- 5 8 Step Charleston: Step on R foot, point L toe fwd, step back on L, point R toe straight back

Section 2:Two 1/8 turns L (swing hips/arms), Step R, Point L toe forward, turn 1/4 L stepping on L foot, R touch

- 1, 2 Step forward R foot and rotate 1 /8 to left, stepping on L foot, swing Your hips and hands to accentuate the turn(per demo)
- Step forward R foot and rotate 1 /8 to left, stepping on L foot, swing Your hips and hands to 3, 4 accentuate the turn(per demo)
- 5,6 Step on R foot, Point L toe forward
- Turn 1 /4 to the Left stepping on L foot, touch R toe at L instep 7,8

Section 3: Four R Hip bumps fwd, Sway 4 times LRLR

- 1 4R Hip bumps forward on a slight diagonal (1 o clock) four times
- 5 8 Sway four times LRLR

Section 4: Four L Hip bumps fwd, R rocking chair

- 1 4L Hip bumps forward on slight diagonal (11 o clock) four times
- 5 8 R Rocking Chair: R rock fwd, recover L, rock back R, recover L

shermcintosh67@gmail.com



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