

# HoDown

**COPPER** KNOB  
BY STEPSHEETS

**Compte:** 16

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Sher Mcintosh (CAN) - December 2024

**Musique:** HoDown - Sicily Rose



## No Tag No Restart

### Section 1: R Side Rock, L Recover, R Step down at centre, repeat from beginning alternating sides:RLRL

- 1, 2& R Side Rock, L recover, R step at centre
- 3, 4& L Side Rock, R recover, L step a centre
- 5, 6& R Side Rock, L recover, R step at centre
- 7, 8& L Side Rock, recover, L step a centre (there is a bit of a swing and a hop on these steps)

### Section 2: R Heel fwd, Step back (4X alternate heels RLRL), R Step forward and 1/ 4 turn L, Hip Bumps RL

- 1&2& R heel forward, R step back, L heel forward, L step back
- 3&4& R heel forward, R step, L heel forward, L step
- 5, 6 R step forward and step 1/ 4 turn left stepping on L foot
- 7, 8 R Hip Bump, L Hip Bump

Please see the stepsheet I've Been Bad Santa, for a Christmas version of the dance with Teach/Demos.  
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Last Update: 6 Dec 2024

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