

If It Ain't You

Compte: 96

Mur: 2

Niveau: Advanced waltz

Chorégraphe: Debbie Mabbs (UK) & Lorraine Monahan (UK) - November 2024

Musique: If I Ain't Got You - Dalton Dover



Intro: 24 counts (approx. 14s) – Start just before vocals

S1 [1-6] Step Fwd R, ½ R Back L, Back R, ½ L Fwd L, ½ L Back R, Back L Clock

1,2,3 Step forward on R, Make ½ turn R stepping back on L, Step back on R 6:00
4,5 Make ½ turn L stepping forward on L 12:00
6 Make ½ turn L stepping back on R, Step back on L 6:00

S2 [7-12] R Coaster, Step Fwd L, Full Turn L

1,2,3 Step back on R, Step L next to R, Step forward on R
4,5 Step forward on L, Make ½ turn L stepping back on R 12:00
6 Make ½ turn L stepping forward on L 6:00

S3 [13-18] R Twinkle, Cross L, Side R, Behind L, Step R ¼ R

1,2,3 Cross step R over L, Rock L to L side, Recover weight on R
4,5& Cross step L over R, Step R to R side, Step L behind R (&)
6 Make ¼ turn R stepping forward on R 9:00

S4 [19-24] Spiral Full Turn R, Step Fwd R, Rock Fwd L, Recover, Back L

1 Make ½ turn R stepping back on L lifting R 3:00
2,3 Keeping weight on L sweep R around and make ½ turn R, Step forward on R 9:00
4,5,6 Rock forward on L, Recover weight on R, Step back on L

S5 [25-30] R Coaster, Step Fwd L, Sweep R into ½ Turn L

1,2,3 Step back on R, Step L next to R, Step forward on R
4,5,6 Step forward on L, Keeping weight on L sweep R around making ½ turn L over 2 counts 3:00

S6 [31-36] R Twinkle, L Twinkle

1,2,3 Cross step R over L, Rock L to L side, Recover weight on R
4,5,6 Cross step L over R, Rock R to R side, Recover weight on L 3:00

S7 [36-42] Walk Fwd R,L,R, Step Fwd L, Kick R Fwd Twice

1,2,3 Walk forward on R, Walk forward on L, Walk forward on R
4,5,6 Step forward on L, Kick R forward twice 3:00

S8 [43-48] Back R, Step L ½ L, Step Fwd R, Step Fwd L, Sweep R 1/8 L

1,2,3 Step back on R, Make ½ turn L stepping forward on L, Step forward on R 9:00
4,5,6 Step forward on L, Sweep R around 1/8 turn L over 2 counts to face 7:30 7:30

***RESTART: See note below about RESTART and step change here* in Wall 2**

S9 [49-54] Start of Modified Diamond Clock

1,2,3 Cross step R over L, Make ¼ turn R stepping back on L, Step back on R 10:30
4,5 Make ½ turn L stepping forward on L, Make ½ turn L stepping back on R
6 Make ½ turn L stepping forward on L 4:30

S10 [55-60] End of Modified Diamond

1,2,3 Cross step R over L, Make ¼ turn R stepping back on L, Step back on R 7:30
4,5 Make ½ turn L stepping forward on L, Make ½ turn L stepping back on R
6 Make ½ turn L stepping forward on L 1:30

S11 [61-66] R Cross Rock, Recover, Side R 1/8 R, L Cross Rock, Recover, Side L

1,2 Cross rock R over L, Recover weight on L
3 Make 1/8 turn R stepping R to R side straightening up to 3:00 3:00
4,5,6 Cross rock L over R, Recover weight on R, Step L to L side

S12 [67-72] Step Fwd R, 1/2 Turn L, Unwind 1 1/2 Turns R

1,2,3 Step forward on R, Make 1/2 turn L over 2 counts (keep weight on R) 9:00
4,5,6 Transfer weight on to L making 1 1/2 turns R over 3 counts 3:00

S13 [73-78] R Fwd Coaster, L Coaster

1,2,3 Step forward on R, Step L next to R, Step back on R
4,5,6 Step back on L, Step R next to L, Step forward on L 3:00

S14 [79-84] R Twinkle, Cross L, Hinge 1/2 Turn L

1,2,3 Cross step R over L, Rock L to L side, Recover weight on R
4,5 Cross step L over R, Make 1/4 turn L stepping back on R
6 Make 1/4 turn L stepping L to L side 9:00

S15 [85-90] Cross R, 1/4 R Back L, Step R 1/2 R, Rock Fwd L, Recover, Back L

1,2 Cross step R over L, Make 1/4 turn R stepping back on L 12:00
3 Make 1/2 turn R stepping forward on R 6:00
4,5,6 Rock forward on L, Recover weight on R, Step back on L

S16 [91-96] R Coaster, Step Fwd L, Point R, Hold

1,2,3 Step back on R, Step L next to R, Step forward on R
4,5,6 Step forward on L, Point R to R side, Hold 6:00

Start Over

***RESTART & STEP CHANGE: During WALL 2, dance up to and including count 4 of section 8. Replace the "Sweep R 1/8 L" with "Sweep R 1/4 L" then restart the dance facing 12:00.**

Last Update: 2 Dec 2024
