

Shuffle Truffle

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Sue Korek (USA) - 29 November 2024

Musique: I Had Some Help (feat. Morgan Wallen) - Post Malone

ou: What Makes You Beautiful - One Direction



Alternate Music:

What Makes You Beautiful (One Direction--11 September 2011) bpm=125, Intro: 16 counts on lyric "Insecure..."

No tags, no restarts

Intro: 32 counts

Section 1 (WALK, WALK, SHUFFLE FWD; ROCK FWD, ROCK BACK, 1/4 TURN SHUFFLE LRL)

1-2	Step R forward, step L forward
3&4	Shuffle forward RLR
5-6	Rock L forward, rock R back
7&8	1/4 turn left shuffle forward LRL

Section 2 (ROCKING CHAIR, SHUFFLE FWD, SHUFFLE FWD)

1-2	Rock R forward, recover L
3-4	Rock R backward, recover L
5&6	Shuffle forward RLR
7&8	Shuffle forward LRL

Section 3 (FORWARD RIGHT RUMBA BOX WITH SHUFFLES)

1-2	Step R to right side, step L beside R
3&4	Shuffle forward RLR
5-6	Step L to left side, step R beside L
7&8	Shuffle backward LRL

Section 4 (ROCK, SHUFFLE BACK, ROCK, SHUFFLE FWD)

1-2	Rock R forward, recover L
3&4	Shuffle back RLR
5-6	Rock L back, recover R
7&8	Shuffle forward LRL

Enjoy the shuffle truffle!

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