

# Shuffle Truffle

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Sue Korek (USA) - 29 November 2024

**Musique:** I Had Some Help (feat. Morgan Wallen) - Post Malone

ou: What Makes You Beautiful - One Direction



**No tags, no restarts**

**Alternate Music:** What Makes You Beautiful (One Direction--11 September 2011), bpm= 125, Intro: 16 counts on lyric "Insecure..."

**Intro: 32 counts**

**Section 1 (WALK, WALK, SHUFFLE RLR; ROCK L FORWARD, ROCK R BACK, ¼ TURN SHUFFLE LRL)**

1-2 Step R forward, step L forward  
3&4 Shuffle forward RLR  
5-6 Rock L forward, rock R back  
7&8 Turn ¼ left and shuffle forward LRL

**Section 2 (ROCKING CHAIR, SHUFFLE RLR, SHUFFLE LRL)**

1-2 Rock R forward, recover on L  
3-4 Rock R backward, recover on L  
5&6 Shuffle forward RLR  
7&8 Shuffle forward LRL

**Section 3 (RIGHT FORWARD RUMBA BOX WITH SHUFFLES)**

1-2 Step R to right side, step L beside R  
3&4 Shuffle forward RLR  
5-6 Step L to left side, step R beside L  
7&8 Shuffle backward LRL

**Section 4 (ROCK FORWARD, SHUFFLE BACK RLR, ROCK BACK, SHUFFLE FORWARD LRL)**

1-2 Rock R forward, recover on L  
3&4 Shuffle back RLR  
5-6 Rock L back, recover on R  
7&8 Shuffle forward LRL

**Enjoy the shuffle truffle!**

**Contact:** [suekorek@gmail.com](mailto:suekorek@gmail.com)

**Last Update:** 30 Nov 2024

---