

The Bomp

Compte: 32

Mur: 2

Niveau: High Beginner

Chorégraphe: Mega Lienatha Lie (INA) - December 2024

Musique: Who Put the Bomp? - The Overtones



No Tag No Restart

Intro : 8 Counts

SEC 1 : TOUCH WITH HIP BUMPS, BEHIND, SIDE, CROSS (R/L)

- 1&2 Touch R Toe to R (with hip bump RLR)
- 3&4 Cross RF behind LF (3), Step LF to L (&), Cross RF over LF (4)
- 5&6 Touch L Toe To L (with hip bump LRL)
- 7&8 Cross LF behind RF (7), Step RF to R (&), Cross LF over RF (8)

SEC 2 : CHASSE, ¼ LEFT TURN SCISSORS STEP

- 1&2 Step RF to R (1), Close LF next to RF (&), Step RF to R (2)
- 3&4 Step LF to L (3), Close RF next to LF (&), Step LF to L (4)
- 5&6 Turn ¼ L stepping RF to R (5), Close LF next to RF (&), Cross RF over LF (6)
- 7&8 Step LF to L (7), Close RF next to LF (&), Cross LF over RF (8)

SEC 3 : WALK, WALK, FORWARD MAMBO, LOCK BACK SHUFFLE (L/R)

- 1 2 Step RF Fwd (1), Step Lf Fwd (2)
- 3&4 Rock RF Fwd (3), Recover onto LF (&), Step RF back (4)
- 5&6 Lock LF behind RF (5), Cross RF over LF (&), Lock LF behind RF (6)
- 7&8 Lock RF behind LF (7), Cross LF over RF (&), Lock RF behind LF (8)

SEC 4 : SIDE ROCK, FORWARD, RUN 3x (RLR), FORWARD ROCK, ¼ LEFT TURN CHASSE

- 1&2 Rock LF to L (1), Recover onto RF (&), Step LF Fwd (2)
- 3&4 Run, Run, Run (RLR)
- 5 6 Rock LF Fwd (5), Recover onto RF (6)
- 7&8 Turn ¼ L Stepping LF to L (7), Close RF next to LF (&), Step LF to L

HAPPY DANCING & ENJOY THE DANCE

Contact me : Lienathamega@gmail.com

Last Update: 30 Nov 2024

