Monsters

Niveau: Intermediate - Rise & Fall

Compte: 48 Chorégraphe: Sascha Wolf (DE) - 25 November 2024 Musique: Monsters - James Blunt

#5 Restarts

Start after 30 counts / 14 seconds

Part 1: Twinkle Step 1/4 left - Step Full Turn

- LF cross over RF RF to side and start to turn left 1/4 turn to left LF fwd 123
- 456 RF fwd - 1/2 turn right LF back - 1/2 turn right RF fwd

Part 2: 1/4 turn Sway to left - Weave to right with 1/4 right at 4

LF fwd - Sway over 2 counts and lift your left hand forward with the music 123

Arms: Bring your left Hand from center of your Body, out to left with your sway

456 RF back - LF back - 1/4 to right RF to the side

Arms: Bring your Arm back to center of your Body. Ellbow down and a Fist

Part 3: Step fwd 2 counts hold - Back Back Side

1/4 turn to right LF fwd - hold hold 123

Arms: Wall 1,2 5,6 Bring your left forward with a flexed Hand

Arms in Refrain Do a Peace sign (Music will say the word "Two")

and in second time in refrain while the Word Daddy a fisted strong Arm

RF back - LF back - 1/4 turn to right RF to side 456

Arms: Wall 1,2 5,6 Cross both Arms in Front of your Body at 6

Part 4: Close Hold Hold - Three step turn to left

123 LF close to right foot - hold - hold

Arms: Wall 1.2 5.6 Open your arms to side diagonal down

Arms in Refrain Big Arm circle with both Arms (Music will say "Goodbye")

and in second time in refrain while "close your eyes" hands to your eyes and tear out your eyes

1/4 turn t left LF fwd - 1/2 turn to left RF back - 1/4 turn t left LF to side 456

Part 5: Step Hitch Hold - 3 Steps back

123 RF fwd - Hitch with Left knee - hold and Bring your right hand up while 2,3 456 Lf back - RF back - LF back

Part 6: Touch the floor - Bring it back up

- 123 Go down on your left leg as deep as possible, bring your right down to floor if possible. If not, just as deep as you can ;-)
- 456 Make a big Arm circle with your right arm while you go back up and do a Turn with transfer of your weight forward to the RF

Restart here in Wall 1, 2, 5, 6, 8 with out the turn. Just weight transfer - in that case with a weight transfer backwards to RF

Part 7: Left turn - Coster Step

- 123 LF Step fwd - 1/2 turn to left RF back - LF back
- 456 RF Step back - LF close to RF - RF fwd

Part 8: Step Sweap Step Sweap

- 123 LF fwd - Sweep RF to the front over 23
- 456 RF fwd - Sweep LF to the front over 56





Mur: 2

Last Update: 2 Dec 2024