

Ruedis Waltz

Compte: 24

Mur: 0

Niveau: Absolute Beginner - waltz - Slow



Chorégraphe: Rüdiger Jüstel (DE) - February 2022

Musique: Any Slow waltz Music, Silent Night on Christmas, Der Mai ist gekommen Anfang Mai, else Tennessee Waltz

Twinkle, Weave

- 1 – 3 step RF to left diagonal (1), step LF to left side(2), step RF to right diagonal (3)
- 4 – 6 step LF over RF (4), step RF right side (5), step LF behind RF (6)

Drag, Rolling Vine

- 1 Step RF to right (1),
- 2 – 3 drag LF without weight beside RF (2,3)
- 4 Turn $\frac{1}{4}$ left step LF forward (4)
- 5 Turn $\frac{1}{2}$ left RF backwards (5)
- 6 Turn $\frac{1}{4}$ left LF beside RF

Basic Waltz forward and backwards

- 1 Step RF Forward
- 2 Step LF beside RF
- 3 Change weight to RF
- 4 Step LF backwards
- 5 Step RF beside LF
- 6 Change weight to LF

Basic waltz turn $\frac{1}{4}$ right, Basic waltz backwards

- 1 turn $\frac{1}{4}$ right Step RF Forward
 - 2 Step LF beside RF
 - 3 Change weight to RF
 - 4 Step LF backwards
 - 5 Step RF beside LF
 - 6 Change weight to LF
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