

Be Optimistic

COPPER KNOB
BY STEPHEN

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Dian Rose (INA) - November 2024

Musique: Optimis - Atiek CB



S1. WALK (R-L) - SIDE ROCK - RECOVER - FWD - ROCK - RECOVER - BACK - TOUCH

- 1,2 Step R Fwd (1), Step L Fwd (2)
3&4 Rock R to side (3), Recover on L (&), Step L Fwd (4)
5,6 Rock L Fwd (5), Recover on L (6)
7,8 Step L back (7), Touch R beside L (8)

S2. K-STEP

- 1,2 Step R Diagonal Fwd (1), Touch L beside R (2)
3,4 Step L Diagonal Back (3), Touch R beside L (4)
5,6 Step R Diagonal Back (5), Touch L beside R (6)
7,8 Step L Diagonal Fwd (7), Touch R beside L (8)

S3. V-STEP 1/4 TURN RIGHT

- 1-4 Step Slightly Fwd and Out (1), Step L Out (2), Making a 1/4 Turn R, Step R to side (3), Step L Out (4)
5-8 Step Slightly Fwd and Out (5), Step L Out (6), Making a 1/4 Turn R, Step R to side (7), Step L Out (8)

S4. MONTEREY 1/4 TURN R - ROCKING CHAIR

- 1-4 Point R to Side (1), Turn R Stepping R beside L K (2), Point K to side (3), Step L beside R (4)
5-8 Step R Fwd (5), Recover on L (6), Step E back (7), Recover on L (8)

Happy Dancing□□□□

NO TAG NO RESTART!

Any question please don't hesitate to contact me at dianrose_75@yahoo.com

Last Update: 26 Nov 2024
