

Ja és Nadal

Compte: 32

Mur: 1

Niveau: Beginner

Chorégraphe: Montse Bou (ES) - 19 November 2024

Musique: Menys mal que ja és Nadal - Siderland



Start after: Ho, Ho, Ho...

R VINE, HEEL SWIVELS R-SIDE

- 1-2 RF step to R side, LF cross behind RF
- 3-4 RF step to R side, LF step together
- 5-6 Turn heels together to the right, and return to center.
- 7-8 Turn heels together to the right, and return to center

L VINE, HEEL SWIVELS L-SIDE

- 9-10 LF step to L side, RF cross behind LF
- 11-12 LF step to L side, RF step together
- 13-14 Turn heels together to the left, and return to center.
- 15-16 Turn heels together to the left, and return to center

R KICK-KICK FWD, R ROCK STEP, R KICK-KICK FWD, R ROCK STEP

- 17-18 R-Kick forward (twice)
- 19-20 R-Rock back, return weight to L
- 21-22 R-Kick forward (twice)
- 23-24 R-Rock back, return weight to L

MILITARY TURN LEFT

- 25-26 RF Step forward, ½ turn left (06:00)
- 27-28 RF Step forward, ½ turn left (12:00)

SIDE STEPS R+L

- 29-30 RF step to right side, LF touch next to RF (+Clap once)
- 31-32 LF step to left side, RF touch next to LF (+Clap once)

Start again!
