

I'm Alright

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Robert Spinnato (AUS) - 28 October 2024

Musique: I'm Alright - Jo Dee Messina



Start18 counts then on Vocals. Weight on L Foot.

Shuffle R step ½ turn, shuffle L step ½ turn

1&2 -3-4 Shuffle RLR step FWD L ½ turn

5&6-7-8 Shuffle LRL step FWD R ½ turn

Rock and vines R & L

1-2-3&4 Rock R to side recover L, R behind L,L to side cross R over L

5-6-7&8 Rock L to side recover R,L behind R,R to side step FWD L

Wall 3, 16 counts Tag and restart.

2 Rock ½ turn Chas

1-2-3&4 Rock R FWD back on L ½ turn R cha cha RLR

5-6-7&8 Rock L FWD back on R ½ turn L cha cha LRL

Step pivot ¼ L cross rock, sides rock, back rock

1-2-3-4 Step FWD R pivot ¼ L stepping on L, cross rock R over L recover L

5-6-7-8 Step R to side recover on L, rock back on R recover L.

Restart Dance

#2 count Tag end of Wall1

#Wall 6 Dance 30 counts

Tags and Restart

At the end of wall 1.... 2 count Tag. Rock R to right side recover on L

Wall 3, 16 counts. Tag 2 step ½ turns on R, then sway hips or rock R / L

restart as wall 4

Wall 6, Dance 30 counts only and restart Dance.

End Dance.....first 8 counts.