

# Cross Country

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Conrad Farnham (USA) - November 2024

Musique: Cross Country (feat. Mickey Guyton) - BRELAND



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## **WALK ½ TURN OVER R SHOULDER (R, L, R, L), STEP R FORWARD R, HITCH L OVER R, STEP L FORWARD L, HITCH R OVER L**

1-4 Walk right, left, right, left finishing ½ turn over right shoulder

5-8 Step forward right front right and hitch left knee over right, step forward left front left and hitch right knee over left

## **GRAPEVINE R, GRAPEVINE L**

1-4 Step right to right, step left behind right, step right to right, touch left next to right

5-8 Step left to left, step right behind left, step left to left, touch right next to left

## **DOUBLE HIP BUMPS R, DOUBLE HIP BUMPS L, SINGLE HIP BUMPS R, L, R, L**

1-4 Step right out slightly and bump hips twice right, bump hips twice left

5-8 Bump hips right, left, right, left

## **WALK BACK R, L, R, L, MONTEREY ¼ R**

1-4 Step right backward, step left backward, step right backward, step left next to right

5-8 Point right toe right, step right next to left while making a ¼ turn right, point left toe to left, step left next to right

## **\* EASY TAG END OF WALL 11, FACING 3:00**

## **\*EASY 16 COUNT TAG END OF WALL 11, FACING 3:00**

## **WALK ¾ TURN OVER R SHOULDER (R, L, R, L), STEP R FORWARD R, HITCH L OVER R, STEP L FORWARD L, HITCH R OVER L**

1-4 Walk right, left, right, left finishing ¾ turn over right shoulder (now facing 12:00 wall).

5-8 Step forward right front right and hitch left knee over right, step forward left front left and hitch right knee over left

## **DOUBLE HIP BUMPS R, DOUBLE HIP BUMPS L, SINGLE HIP BUMPS R, L, R, L**

1-4 Step right out slightly and bump hips twice right, bump hips twice left

5-8 Bump hips right, left, right, left

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Last Update: 13 Nov 2024

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